

# Characterization of Ion and Acid-Base Transport in the Fresh Water Adapted Mummichog (*Fundulus heteroclitus*)

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**ABSTRACT** We examined whether ionoregulatory mechanisms of fresh water *Fundulus heteroclitus* in vivo are similar to those of typical freshwater species (e.g., rainbow trout, goldfish, and catfish). Under control conditions ( $[\text{NaCl}]_{\text{ext}} \sim 1 \text{ mmol/l}$ ), the mummichog exhibits very large  $\text{Na}^+$  influx and efflux rates but virtually no  $\text{Cl}^-$  influx and a small  $\text{Cl}^-$  efflux component. External NaCl levels were varied to reveal a saturable, low affinity ( $K_m = 1,723 \pm 223 \mu\text{mol/l}$ ), high capacity ( $J_{\text{max}} = 2,258 \pm 288 \text{ nEq/g/h}$ )  $\text{Na}^+$  uptake system that was independent of both  $\text{Na}^+$  efflux and ammonia excretion. A measurable  $\text{Cl}^-$  influx did not occur until NaCl levels surpassed 2 mmol/l and did not saturate within the freshwater range, suggesting a completely different uptake mechanism.  $\text{Cl}^-$  efflux was also independent of  $\text{Cl}^-$  influx. A systemic acidosis (intraperitoneal HCl injection) was induced in order to investigate the connection between ionoregulation and acid-base balance. The acidosis did not affect influx rates but induced an elevated  $\text{Cl}^-$  efflux and an attenuated  $\text{Na}^+$  efflux. This resulted in an excess of net  $\text{Cl}^-$  loss over  $\text{Na}^+$  loss which effected a net acid excretion by strong ion difference theory. These results concur with the measured acid-base fluxes which indicate that over 50% of the acid load was excreted within 4 h by differential efflux modulation. Therefore an ion/acid-base link does exist in the mummichog but differs in nature from that of other freshwater fish. Indeed, virtually all of these findings differ from the current model for most other teleosts, indicating that alternate models of ionoregulation in fresh water exist. *J. Exp. Zool.* 279:208–219, 1997. © 1997 Wiley-Liss, Inc.

The predominant habitats for the mummichog (*Fundulus heteroclitus*), a euryhaline teleost, are the estuaries and salt marshes along the eastern seaboard of North America from the Gulf of the St. Lawrence to northeastern Florida (Scott and Crossman, '73). They tolerate the rapid salinity changes that occur with the tidal cycle and have been documented to survive salinities from 120‰ (approximately fourfold seawater) down to 0‰ (fresh water) (Griffith, '72). Indeed, several populations of landlocked, freshwater mummichogs have been documented (Klawe, '57; Denoncourt et al., '78; Samaritan and Schmidt, '82). From this information, it appears that the mummichog is a truly euryhaline teleost that can readily withstand a wide range of salinities. In order to do so, it must possess specialized ionoregulatory abilities.

Most of the research on the ionoregulatory abilities of *F. heteroclitus* has focused on the seawater fish. The basic mechanisms have been well char-

acterized by in vivo work and even more so by in vitro studies using opercular epithelium preparations. This body of *Fundulus* research has made an important contribution to our understanding of branchial ion transport in marine teleosts (reviewed by Karnaky, '80, '86; Evans et al., '82; Zadunaisky, '84; Pequeux et al., '88; Wood and Marshall, '94). In contrast, only a few studies have been performed on fresh water mummichogs (Potts and Evans, '66, '67; Epstein et al., '69; Pickford et al., '70; Hannah and Pickford, '81; Hossler et al., '85; Gonzalez et al., '89), and little is known of the exact mechanisms involved. The opercular epithelium preparation of fresh water

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*F. heteroclitus* has similarly received little attention (see Wood and Marshall, '94).

Our present understanding of the ionoregulatory mechanisms in the gills of freshwater teleosts comes largely from work with species such as goldfish, catfish, and salmonids. Details of these processes have been presented in several recent reviews (McDonald et al., '89; Wood, '91; Goss et al., '92; Kirschner, '96; Potts, '94) and are described briefly below.

In fresh water, fish are hyperosmotic to their environment and suffer a continuous diffusive loss of  $\text{Na}^+$  and  $\text{Cl}^-$ . Both ions are actively extracted from the external medium at the gill epithelium by saturable ion exchange mechanisms to maintain internal levels. The uptake of  $\text{Na}^+$  and  $\text{Cl}^-$  is associated with acid-base regulation;  $\text{Cl}^-$  is exchanged for  $\text{HCO}_3^-$ , but the exact mechanism of  $\text{Na}^+$  uptake remains unclear. One model proposes an electroneutral exchange of  $\text{Na}^+$  with a proton ( $\text{H}^+$ ) or ammonium ion ( $\text{NH}_4^+$ ). Another suggests a  $\text{Na}^+$  channel/ $\text{H}^+$  pump configuration. In the latter, active  $\text{H}^+$  extrusion establishes an inward, electrochemical gradient for  $\text{Na}^+$ . Recently, a secondary ion/acid-base link involving  $\text{Na}^+$  and  $\text{Cl}^-$  efflux components has been identified.  $\text{Na}^+$  and  $\text{Cl}^-$  effluxes can be differentially adjusted resulting in a charge discrepancy which can establish a net  $\text{H}^+$  flux (Hyde and Perry, '87; McDonald et al., '89; Goss and Wood, '90a,b; Goss et al., '92). The nature of ammonia excretion and the link to  $\text{Na}^+$  uptake remains unsettled, although recent studies support the traditional view that  $\text{NH}_3$  moves passively across the gill epithelium. Upon exiting the gill, protons extruded by either  $\text{Na}^+$  transport mechanism bind to ammonia, thereby maintaining the diffusive gradient (e.g., Wilson et al., '94).

In view of the importance of *F. heteroclitus* as a seawater model system, both in vivo and in vitro, our eventual goal is to develop this euryhaline species as a comparable model system in fresh water (Wood and Marshall, '94). As a first step, the objective of the present study was to evaluate whether the fresh water mummichog ionoregulates in vivo by mechanisms similar to those outlined above for other freshwater species or whether it departs from our current freshwater model. In particular, we have characterized the external concentration dependence of  $\text{Na}^+$  and  $\text{Cl}^-$  uptake and loss and therefore the affinities, maximum capacities, and possible influx/efflux linkages of the transport systems as well as the possible linkage of ammonia excretion to  $\text{Na}^+$  uptake. Further, intraperitoneal injections of  $\text{NaCl}$

and  $\text{HCl}$  were administered, the latter to induce systemic acidosis, to investigate how the freshwater mummichog copes with ionic and acid-base disturbances and whether a coupling of acid-base flux to  $\text{Na}^+$  and  $\text{Cl}^-$  regulation is apparent.

## MATERIALS AND METHODS

### *Holding conditions*

Mummichogs of both sexes, weighing 2.4–10.0 g, were collected from a brackish estuary located near Antigonish, Nova Scotia, and were held at St. Francis Xavier University, Antigonish, or were air-shipped to McMaster University, Hamilton, Ontario. At both locations, the fish were held indoors in 500 l fiberglass tanks containing 10% seawater at ambient temperature (18–25°C). The water was aerated and charcoal-filtered. Fish were fed a 1:2 mixture of Tetramin/Tetramarin daily.

Ten to 14 days prior to experiment, 10–12 fish were placed in a tank containing 60 l of aerated and filtered fresh water. Water was replaced at 3 l/h. The composition of this defined freshwater medium was (all in millimoles per liter) 1.0  $\text{Na}^+$ , 1.0  $\text{Cl}^-$ , 0.1  $\text{Ca}^{2+}$ , 0.06  $\text{Mg}^{2+}$ , 0.02  $\text{K}^+$ , titration alkalinity to pH = 4.0, 0.28, pH = 6.8–7.2. Fish were fed daily until 4 days before the experiment. For the  $\text{HCl}$  and  $\text{NaCl}$  injection trials, mummichogs were held for 28 days under the same acclimation conditions.

The night prior to experiments, fish were weighed and placed in individual darkened 250 ml Nalgene beakers with lids and allowed to settle overnight. Mummichogs used in uptake kinetic studies received exchange flow (200 ml/h) and aeration overnight, whereas the fish used in the injection study were held in a static 200 ml volume with vigorous aeration for no longer than 6 h prior to experimentation.

To ensure that our experimental protocols did not produce confounding stress, we monitored two sensitive indicators of stress in fish, ion balance and acid-base status. In both the kinetic and injection series, the chambers were periodically siphoned and refilled, a process which took less than 30 seconds. When this exchange procedure was tested on otherwise untreated mummichogs, there was no effect on  $\text{Na}^+$ ,  $\text{Cl}^-$ , and acid-base fluxes. Further, in the injection study, each fish experienced one episode of handling which included a peritoneal cavity injection. We performed an additional test (data not presented) in which the same injection protocol was followed minus the injectate (i.e., handling and needle insertion only). There was no effect on  $\text{Na}^+$ ,  $\text{Cl}^-$ , and acid-base

fluxes. Unlike trout, in which a few seconds of handling alone can more than double  $\text{Na}^+$  loss (Gonzalez and McDonald, '92), mummichogs do not appear to be stressed by brief handling or air exposure. We are confident that our experimental methods minimized the potential for stress artifact.

### *Ion Uptake Kinetics*

The rates of  $\text{Na}^+$  and  $\text{Cl}^-$  uptake were measured in six different NaCl concentrations ranging from 500–8,000  $\mu\text{mol/l}$  to determine if transport was carrier-mediated and saturable (i.e., conforming to Michaelis-Menten first-order kinetics).  $\text{Na}^+$  and  $\text{Cl}^-$  unidirectional effluxes and ammonia excretion were also measured to determine if external [NaCl] influenced these components. Sodium ( $N = 11$ ) and chloride ( $N = 6$ ) uptake kinetic experiments were run independently but were performed using identical protocols. Mummichogs in individual containers were exposed to each [NaCl] sequentially. Flux periods varied in time according to the [NaCl] exposure: 500 and 800  $\mu\text{mol/l}$ , 1.0 h; 1,300 and 2,300  $\mu\text{mol/l}$ , 1.5 h; 4,200  $\mu\text{mol/l}$ , 2 h; 8,000  $\mu\text{mol/l}$ , 3 h.

These kinetic experiments were performed in the defined freshwater medium (see above), made initially without the addition of NaCl. At the start of each new flux, water was siphoned from the container holding the fish, and 105 ml of defined medium was immediately added, together with an aliquot of 1.0 M NaCl stock (either 22 KBq/ml  $^{22}\text{Na}$  or 37 KBq/ml  $^{36}\text{Cl}$ ), to set the desired concentration. The fish were allowed 10 min to settle. Water samples (20 ml) were taken at the beginning and end of each flux period and were frozen immediately for subsequent analysis of ammonia,  $\text{Na}^+$ ,  $\text{Cl}^-$ ,  $^{22}\text{Na}$ , and  $^{36}\text{Cl}$ . Once the flux period had ended, the water was siphoned out of each container and the cycle repeated with the next higher [NaCl].

### *Injection studies*

The purpose of this study was to measure fluxes of sodium, chloride, and acid-base equivalents in response to a systemic acidosis induced by an isotonic load of HCl injected intraperitoneally. NaCl injection of the same dose was performed as the control. To confirm that an acidosis was induced, in a separate series (see below) blood acid-base status was measured prior to and following injection of both HCl and NaCl.

After the overnight settling period for the animals, the chambers were flushed and 250 ml fresh water added. Ninety minutes later, the chambers were flushed again, and 105 ml fresh water was

added.  $^{22}\text{Na}$  and  $^{36}\text{Cl}$  fluxes were measured in separate batches of fish. Isotope solution was added to each chamber (7.4 KBq/chamber for both  $^{22}\text{Na}$  and  $^{36}\text{Cl}$ ) and allowed to mix for 10 min. Water samples (20 ml) were taken at 0, 1, and 2 h intervals to define the control, preinjection fluxes. Following the control period, the flux containers were flushed, and the fish were given an intraperitoneal injection (1,000 nEq/g) of either 140 mM HCl ( $N = 16$ ) or 140 mM NaCl ( $N = 14$ ). One at a time, the fish were given an intraperitoneal injection of either HCl or NaCl solution via a 50  $\mu\text{l}$  gas-tight Hamilton syringe. The fish were rinsed, blotted dry, inspected for visual signs of leakage (obviously leaking fish were rejected), returned to their containers filled with fresh water, and allowed to recover for 15–20 min. This injection procedure took less than 1 min for each fish. Containers were flushed again, and 105 ml fresh water and isotope was added. Water samples were taken initially and hourly for 4 h, with the water changed after hour 2, and were subsequently analyzed for ammonia,  $\text{Na}^+$ ,  $\text{Cl}^-$ ,  $^{22}\text{Na}$ ,  $^{36}\text{Cl}$ , and titration alkalinity.

### *Blood acid-base measurements*

In fish of this small size (2–10 g), it was not possible to measure blood acid-base status by cannulation. Nevertheless, it was still possible to sample blood by terminal caudal puncture, tonometer it to a fixed  $\text{Pco}_2$  to remove any "respiratory" disturbance (i.e.,  $\text{Pco}_2$  elevation) associated with sampling, and then determine the remaining "metabolic" disturbance by measuring pH and  $\text{HCO}_3^-$ . Blood samples were taken under control conditions (preinjection) and at 0.5 and 3.0 h after injection of HCl or NaCl. At the time of sampling, fish ( $N = 5$ –8 at each point) were killed by a blow to the head, and a blood sample (typically 50–100  $\mu\text{l}$ ) was quickly drawn into a heparinized gas-tight Hamilton 100  $\mu\text{l}$  syringe by caudal puncture. Each sample was then equilibrated to the same  $\text{PCO}_2$  of 2.43 torr, which was chosen as a typical in vivo  $\text{Pco}_2$  for teleost fish. The tonometer was a sealed 1.5 ml bullet centrifuge tube fitted with inflow and outflow PE50 tubing to carry the gas in and out. This was attached to a vigorous shaker in a water bath at 22.5°C. The gas mixture ( $\text{PCO}_2 = 2.43$  torr in air) was generated by a gas mixing pump and passed through a humidifying flask prior to reaching the tonometer. Tests showed that 20 min equilibration was adequate. The equilibrated sample was then injected into a Radiometer micro pH electrode (Radiometer E5021, Copenhagen, Denmark) thermostatted to

22.5°C and coupled to a Radiometer pHM 71 Mk2 meter. The sample was subsequently retrieved from the pH capillary electrode and centrifuged for 5 min in a sealed capillary tube; then the plasma was decanted (back into a Hamilton syringe) for measurement of total CO<sub>2</sub> using a Corning (Corning, NY) 965 total CO<sub>2</sub> analyzer.

### Analytical methods and calculations

Ammonia concentrations (T<sub>Am<sub>m</sub></sub>) were determined by a micromodification of the salicylate-hypochlorite assay (Verdouw et al., '78). Titratable alkalinity (TA) was determined by titration of 10 ml water samples with standardized HCl to pH = 4.0 as described by McDonald and Wood ('81). The difference between initial and final TA measurements represents the total base flux which includes ammonia excreted as NH<sub>3</sub>. The difference between total ammonia and TA excretion is the net acidic equivalent movement. All measurements were made using a Radiometer GK2041C pH electrode coupled to a PHM82 pH meter. Titration acid (0.005 N or 0.02 N in different experiments) was dispensed using a Gilmont (Barrington, IL) microburette. All water samples were measured within 12 h of sampling and aerated 10 min prior to titration and another 15 min after titration to pH 4.2 before the titration to pH = 4.0 was completed. This ensured complete removal of CO<sub>2</sub>.

Na<sup>+</sup> and Cl<sup>-</sup> concentrations of water samples were determined with an atomic absorption spectrophotometer (Varian AA-1275 or 375, Palo Alto, CA) and coulometric titration (Radiometer CMT-10), respectively. To assay radioactivity (<sup>22</sup>Na and <sup>36</sup>Cl), we prepared duplicate 2 ml water samples with 10 ml cocktail scintillant (ACS; Amersham, Arlington Heights, IL) and counted them on a scintillation counter (LKB 1217 Rack Beta; Pharmacia-LKB, Uppsala, Sweden). Rate of uptake (J<sub>in</sub>) of Na<sup>+</sup> and Cl<sup>-</sup> (in nEq/grams/hour), as measured by disappearance of radioactivity from the water, was calculated from the equation

$$J_{in} = \frac{\text{volume}}{\text{weight}} \cdot \frac{1}{\text{time}} \cdot (\text{cpm}_1 - \text{cpm}_2) \cdot \frac{1}{SA}$$

where cpm<sub>1</sub> and cpm<sub>2</sub> are the activities of the isotope (cpm/ml) at the start and end of the flux period respectively, and SA is the mean specific activity of the water. The net ion flux (J<sub>net</sub>) was calculated by

$$J_{net} = \frac{\text{volume}}{\text{weight}} \cdot \frac{1}{\text{time}} \cdot ([\text{ion}]_1 - [\text{ion}]_2)$$

where [ion]<sub>1</sub> and [ion]<sub>2</sub> are the water concentrations at the start and end of flux period, respectively. The rate of efflux (J<sub>out</sub>) was determined as the difference between J<sub>net</sub> and J<sub>in</sub>.

Net titratable alkalinity (J<sup>TA</sup><sub>net</sub>) and ammonia excretion (J<sup>Am<sub>m</sub></sup><sub>net</sub>) rates were calculated using the above J<sub>net</sub> equation but using the starting and ending TA and T<sub>Am<sub>m</sub></sub> concentrations accordingly.

The relationship between [NaCl]<sub>ext</sub> and Na<sup>+</sup> uptake was examined using Michaelis-Menten analysis for first-order one substrate kinetics. Values of J<sub>max</sub> (the maximum uptake rate) and apparent K<sub>m</sub> (the [Na<sup>+</sup>] at which uptake is 50% of J<sub>max</sub>) for individual fish were calculated using Eadie-Hofstee regression analysis (Michal, '85). To generate the curve fitted to the data, we determined grand means (N = 11) for J<sub>max</sub> and K<sub>m</sub> and substituted them into the Michaelis-Menten equation:

$$J_{in} = \frac{J_{max} \cdot [\text{Na}^+]_{ext}}{K_m + [\text{Na}^+]_{ext}}$$

Chloride uptake over the range of [NaCl]<sub>ext</sub> tested did not exhibit saturation kinetics and therefore could not be analyzed in this manner.

### Statistical analysis

All values are presented as mean ± SEM. Comparisons between control and postinjection means at P ≤ 0.05 were tested by Student's paired *t*-test (two-tailed) with the *t* values adjusted according to the Bonferroni table for multiple comparison (Nemeyi et al., '77). Comparisons between treatment groups at the same times employed Student's unpaired *t*-tests (two-tailed).

## RESULTS

### Na<sup>+</sup> and Cl<sup>-</sup> uptake kinetics

The rate of Na<sup>+</sup> uptake exhibited a distinctive hyperbolic relationship over the range of [NaCl]<sub>ext</sub>, indicating that transport became saturated (Fig. 1A). The J<sub>max</sub> and K<sub>m</sub> for Na<sup>+</sup> were determined to be 2,258 ± 288 nEq/g/h and 1,723 ± 223 μmol/l (N = 11), respectively. In contrast, Cl<sup>-</sup> uptake was approximately linear with respect to external Cl<sup>-</sup> concentration and did not appear to exhibit saturation. The first [NaCl]<sub>ext</sub> concentration at which J<sup>Cl</sup><sub>in</sub> was significantly different from zero was 2,300 μmol/l, well above the K<sub>m</sub> for Na<sup>+</sup> uptake. However, by 8,000 μmol/l [NaCl]<sub>ext</sub>, J<sup>Cl</sup><sub>in</sub> did approximate J<sup>Na</sup><sub>in</sub> at the same concentration (Fig. 1B).

In contrast to uptake of Na<sup>+</sup> and Cl<sup>-</sup>, effluxes

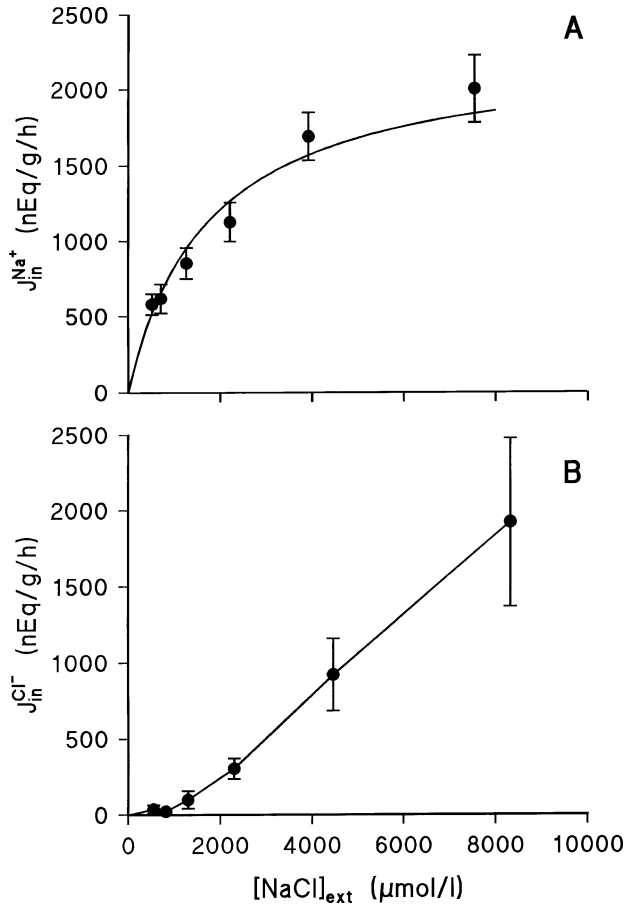


Fig. 1. The influence of external  $[NaCl]$  on uptake ( $J_{in}$ ) of (A)  $Na^+$  and (B)  $Cl^-$ . Values are mean  $\pm$  1 SEM.  $N = 11$  for  $Na^+$ ;  $N = 6$  for  $Cl^-$ . The line fitted to the  $Na^+$  influx data is a Michaelis-Menten equation with  $K_m = 1,723 \mu\text{mol/l}$  and  $J_{max} = 2,258 \text{ nEq/g/h}$  (see text). The line is fitted by eye to the  $Cl^-$  influx data.

were unchanged throughout the range of concentrations tested and averaged approximately  $-750$  and  $-250 \text{ nEq/g/h}$ , respectively (Fig. 2A). This suggests that effluxes are not influenced by external NaCl levels and are not directly coupled to uptake. Throughout the NaCl concentration range tested,  $Na^+$  fluxes were consistently larger than those for  $Cl^-$  (Figs. 1A, B, 2A).

Figures 1 and 2 indicate that different minimum concentrations are required to maintain  $Na^+$  and  $Cl^-$  balance. The  $Na^+$  concentration where influx equalled outflux was  $980 \mu\text{mol/l}$ . For  $Cl^-$ , the balance point was  $1,620 \mu\text{mol/l}$ . The defined freshwater medium used for holding the fish contained approximately  $1,000 \mu\text{mol/l}$  NaCl. This concentration approximates the  $Na^+$  balance point but is lower than the  $Cl^-$  balance point, suggesting that the fish were in  $Na^+$  equilibrium but in negative  $Cl^-$  balance.

It appeared that net ammonia excretion was not coupled to  $Na^+$  uptake since net ammonia excretion also remained unchanged throughout the tested range of external  $Na^+$  concentrations (Fig. 2B).

### Injection studies

Intraperitoneal HCl injection induced a significant systemic metabolic acidosis by 0.5 h (Fig. 3A, B). Both blood pH and  $HCO_3^-$  dropped relative to preinjection controls and relative to the NaCl injected fish sampled at 0.5 h. These differences from the NaCl-injected group (but not from the preinjection controls) persisted at 3 h. Interestingly, both  $pH_a$  (by 3 h) and plasma  $HCO_3^-$  (by 0.5 h) were significantly elevated in response to NaCl injection (Fig. 3A, B).

Prior to injection, the control flux rates of  $Na^+$

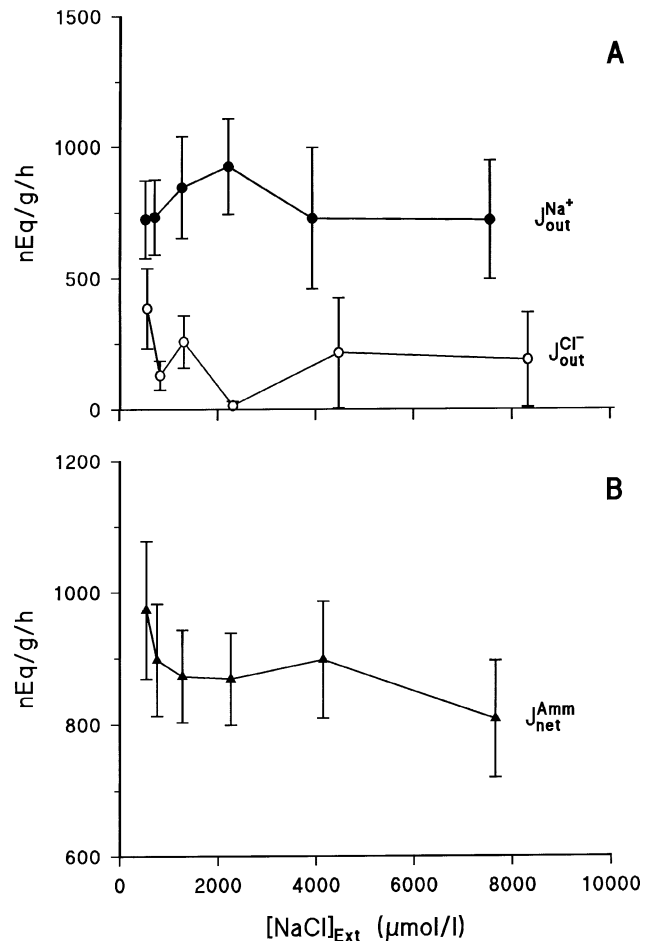


Fig. 2. The influence of external  $[NaCl]$  on whole-body (A) efflux ( $J_{out}$ ) of  $Na^+$  (thick line) and  $Cl^-$  (thin line) and (B) net ammonia excretion ( $J_{net}^{Amm}$ ). Mean  $\pm$  1 SEM.  $N = 11$  for  $Na^+$ ;  $N = 6$  for  $Cl^-$ ;  $N = 16$  for ammonia. There was no significant variation with external  $[NaCl]$  within any variable ( $P \leq 0.05$ ).

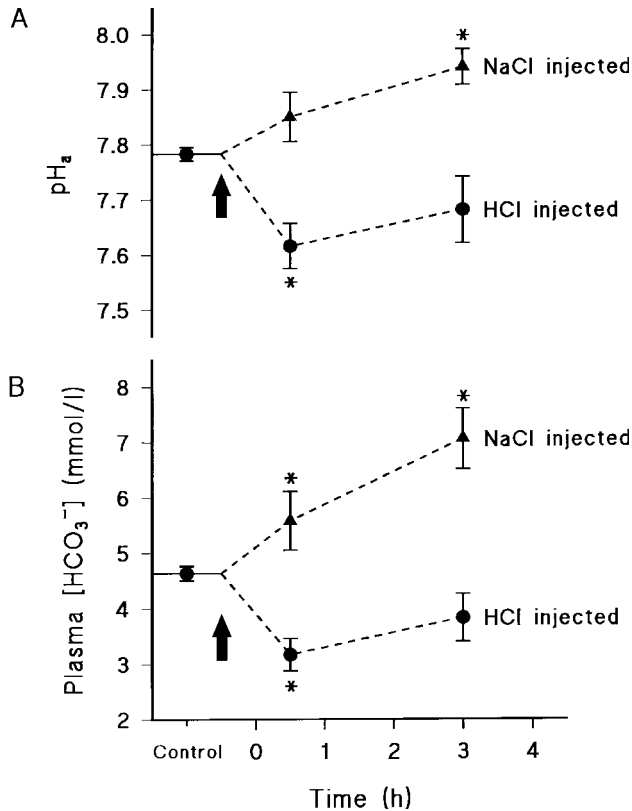


Fig. 3. Blood pH (A) and plasma  $[\text{HCO}_3^-]$  (B) under control conditions and following isosmotic NaCl and HCl intraperitoneal injections (1,000 nEq/g). Mean  $\pm$  1 SEM. N = 6 for control; N = 5 for NaCl; N = 7–8 for HCl treatments. \*Significant difference from the control values ( $P \leq 0.05$ ).

and  $\text{Cl}^-$  were very different from one another, in accord with the kinetic analyses. At this acclimation  $[\text{NaCl}]_{\text{ext}}$  of 1,000  $\mu\text{mol/l}$ , there was a vigorous turnover of  $\text{Na}^+$  with unidirectional influxes and effluxes of approximately 900 nEq/g/h and a resulting net flux which was not significantly different from zero (Figs. 4A, 5A). In contrast, unidirectional  $\text{Cl}^-$  influx was negligible.  $\text{Cl}^-$  efflux rates were much lower than  $\text{Na}^+$  efflux rates; nevertheless,  $\text{Cl}^-$  net flux rates were negative (significantly below zero) (Figs. 4A, 5A).

Acid injection produced a gradual drop in  $\text{Na}^+$  efflux which became significant in hour 4; since  $\text{Na}^+$  uptake was unchanged, a net  $\text{Na}^+$  gain resulted (Fig. 4A). This positive net  $\text{Na}^+$  flux was significantly different from the control value in hours 3 and 4. In contrast, HCl injection stimulated  $\text{Cl}^-$  loss due to a twofold elevation of efflux. Elevated  $\text{Cl}^-$  efflux and negative net flux persisted for 3 h before returning to control levels in the final hour of the experiment.

An injection of NaCl equimolar to that of HCl

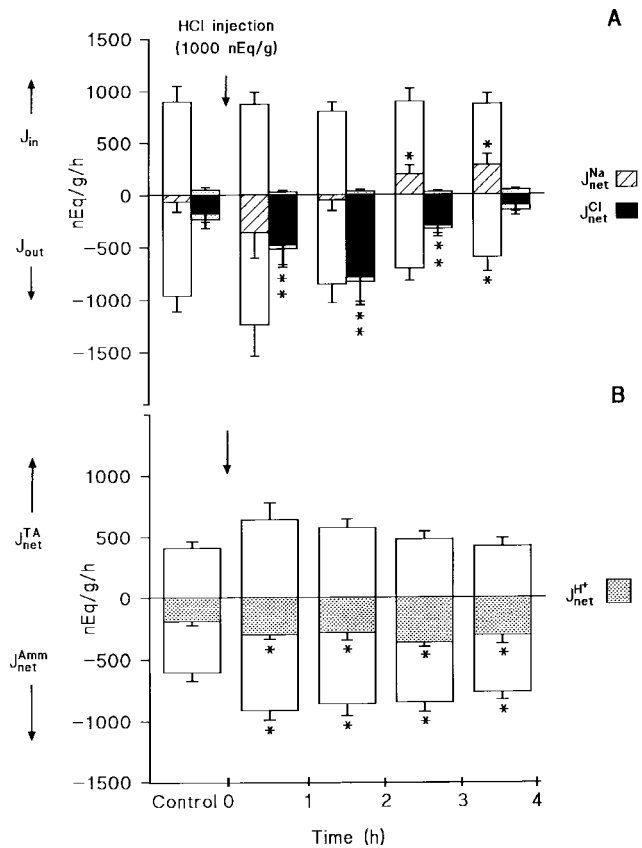


Fig. 4. The effect of an intraperitoneal injection of 1,000 nEq/g HCl on whole-body (A) influx ( $J_{\text{in}}$ ), efflux ( $J_{\text{out}}$ ), and net flux ( $J_{\text{net}}$ ) of  $\text{Na}^+$ ,  $\text{Cl}^-$ , and (B) net titratable alkalinity flux ( $J_{\text{net}}^{\text{TA}}$ ), net acid movement ( $J_{\text{net}}^{\text{H}^+}$ ), and net ammonia excretion ( $J_{\text{net}}^{\text{Amm}}$ ). Mean  $\pm$  1 SEM. N = 9 for  $\text{Na}^+$  and the acid-base fluxes; N = 7 for  $\text{Cl}^-$ . \*Significant difference from the control rates ( $P \leq 0.05$ ).

produced a very different pattern of ionic flux responses.  $\text{Na}^+$  and  $\text{Cl}^-$  effluxes were stimulated by 60% and 100%, respectively, resulting in negative net fluxes of both ions which were approximately equal to one another (Fig. 5A).  $\text{Na}^+$  efflux remained significantly elevated for 2 h and  $\text{Cl}^-$  efflux for 1 h. Both  $\text{Na}^+$  and  $\text{Cl}^-$  influx rates remained unchanged; thus, the response to the NaCl injection was the stimulation of net losses. Over 4 h, the entire NaCl load was eliminated.

Control acid-base fluxes in all of the treatments indicate that net  $\text{H}^+$  excretion was close to zero, as net ammonia excretion ( $J_{\text{net}}^{\text{Amm}}$ ) equalled net base excretion ( $J_{\text{net}}^{\text{TA}}$ ) (Figs. 4B, 5B). From this we conclude that most of the titratable alkalinity measured was likely ammonia in its unprotonated form ( $\text{NH}_3$ ). A significant increase in net  $\text{H}^+$  excretion was initiated within the first hour after HCl injection and remained at the same elevated

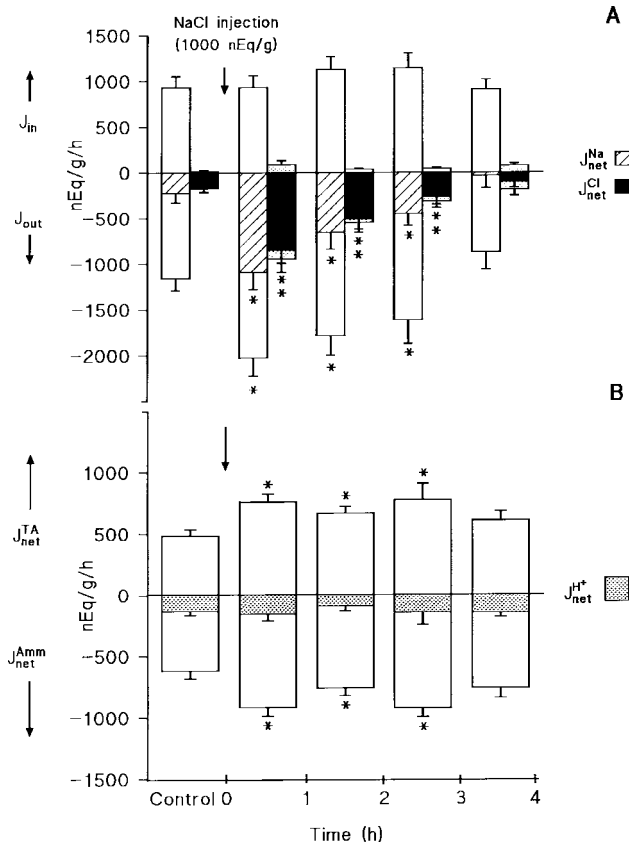


Fig. 5. The effect of an intraperitoneal injection of 1,000 nEq/g NaCl on whole-body (A) influx ( $J_{in}$ ), efflux ( $J_{out}$ ), and net flux ( $J_{net}$ ) of  $Na^+$ ,  $Cl^-$ , and (B) net titratable alkalinity flux ( $J_{net}^{TA}$ ), net acid movement ( $J_{net}^{H^+}$ ), and net ammonia excretion ( $J_{net}^{Amm}$ ). Mean  $\pm$  1 SEM.  $N = 8$  for  $Na^+$ ,  $Cl^-$ , and the acid-base fluxes. \*Significant difference from the control rates ( $P \leq 0.05$ ).

level over the 4 h period (Fig. 4B). A significant elevation of ammonia excretion followed the same pattern, whereas  $J_{net}^{TA}$  did not change significantly. NaCl injection similarly caused increases in both ammonia and titratable base excretion, significant during the first 3 h, but did not stimulate acid excretion (Fig. 5B).

The present measurements also allowed evaluation of acid-base balance by means of strong ion difference (SID) theory, as described by Stewart ('83) and used successfully in several recent studies on fish (see Discussion). This provides a means of quantifying net acid-base balance independent from that of the titration approach. In brief,  $Na^+$  and  $Cl^-$  are considered to be the major strong cations and anions, respectively, moving across the gills. An excess of  $Na^+$  loss over  $Cl^-$  loss will thereby dictate a net base loss of acid uptake, whereas an excess of  $Cl^-$  loss over  $Na^+$  loss will

signify a net acid loss or base uptake (i.e.,  $J_{net}^{H^+} = J_{net}^{Cl^-} - J_{net}^{Na^+}$ , in terms of net fluxes).

Preinjection control  $Na^+$  and  $Cl^-$  net fluxes in both treatments (Figs. 4A, 5A) were essentially equal, suggesting that the SID flux, or net acid movement, was zero. This is in agreement with the acid-base fluxes measured by titration (Figs. 4B, 5B). Although  $Na^+$  and  $Cl^-$  net losses were both elevated during the first 3 h, there was negligible difference between the two throughout the 4 h following NaCl injection (Fig. 5A). This coincides with the unchanged  $J_{net}^{H^+}$  determined in Figure 5B. A different picture emerges from the HCl injection series, where a larger net  $Cl^-$  loss over  $Na^+$  (Fig. 4A) throughout the postinjection period denotes a net acid loss. By the fourth hour, there was a net  $Na^+$  gain, while net  $Cl^-$  flux resumed its preinjection level.

By calculating the total amount of  $H^+$  excreted, relative to the preinjection control rate, over the 4 h, the mummichog was able to excrete almost half of the acid load (i.e.,  $\sim 475$  nEq/g) as measured by the titration approach. In the same manner, by the SID approach, the difference between net  $Cl^-$  and  $Na^+$  fluxes above the control value over the 4 h (i.e.,  $\sim 800$  nEq/g) could easily account for all of the acid excreted.

## DISCUSSION

### $Na^+$ and $Cl^-$ fluxes under control conditions

Under control conditions ( $[NaCl] = 1,000 \mu mol/l$ ),  $Na^+$  unidirectional fluxes in *F. heteroclitus* are substantial. The large  $Na^+$  efflux component ( $\sim 750$  nEq/g/h) may reflect the inability to abolish the paracellular permeability to  $Na^+$  which is a prominent feature of the standard ion transport model for seawater teleosts (Silva et al., '77; Zadunaisky, '84; Pequeux et al., '88; Wood and Marshall, '94). This "leakiness" may then require a large uptake to maintain  $Na^+$  balance. In contrast, there is virtually no  $Cl^-$  uptake, and efflux is small ( $\sim 250$  nEq/g/h). Consequently, under these control conditions the fish were in negative  $Cl^-$  balance. This may explain why Hannah and Pickford ('81) reported a disparity of approximately 40 mEq/l between  $Na^+$  and  $Cl^-$  plasma levels in fresh water *F. heteroclitus*. The situation appears similar to that of euryhaline eels (*Anguilla anguilla* and *A. rostrata*) which also lack  $Cl^-$  uptake while in fresh water and exhibit a significant concentration difference of about 40 mEq/l between plasma  $Na^+$  and  $Cl^-$  (Farrell and Lutz, '75; Bornancin et al., '77; Hyde and Perry, '87). The na-

ture of the "missing anions" remains unknown, although an unusually high negative charge on plasma protein is one possibility. In the present study, plasma  $[\text{HCO}_3^-]$  was measured at 4.7 mEq/l (Fig. 3B), which would not contribute greatly to narrowing the anion-cation disparity. In both eels and mummichogs, dietary  $\text{Cl}^-$  is presumably required to maintain  $\text{Cl}^-$  balance in fresh water.

### *Na<sup>+</sup> and Cl<sup>-</sup> uptake kinetics*

The discrepancy between  $\text{Na}^+$  and  $\text{Cl}^-$  kinetic properties suggests that entirely different mechanisms may be responsible for uptake of these ions. The kinetic parameters determined for *F. heteroclitus* indicate a high capacity (2,258 nEq/g/h) but low affinity (high  $K_m = 1,723 \mu\text{mol/l}$ )  $\text{Na}^+$  uptake system. Potts and Evans ('67) also reported a high  $K_m$  (2,000  $\mu\text{mol/l}$ ) which approximates the present study and confirms that a low affinity transport mechanism is present in the mummichog. If  $\text{Cl}^-$  uptake saturates at all, it does so at a much higher external salt concentration which is well beyond the freshwater range (i.e., > 2% sea water).

Saturable ion uptake is suggestive of a carrier-mediated process, which is probably the case for  $\text{Na}^+$  absorption in *F. heteroclitus*. However,  $\text{Cl}^-$  uptake did not reach a maximum within freshwater  $[\text{NaCl}]$  values, suggesting a mechanism other than carrier transport is probable.  $\text{Cl}^-$  uptake kinetics performed on amphibian epithelium in vitro show a curve similar to Figure 1B, with saturation occurring at  $\sim 60 \mu\text{mol/l}$   $\text{Cl}^-$  (Harek and Larsen, '86). Concurrent with this pattern of influx,  $\text{Cl}^-$  efflux increases in the amphibian epithelium in vitro preparation presumably because both fluxes occur through a common pathway (i.e., apical channels). This contrasts to the trend observed in *F. heteroclitus* in vivo, where  $J_{\text{out}}^{\text{Cl}}$  remained unchanged (Fig. 2A) while  $J_{\text{in}}^{\text{Cl}}$  increased (Fig. 1B), which suggests these fluxes occur at different sites.

Changes in the in vivo transepithelial (TEP) could influence  $\text{Na}^+$  and  $\text{Cl}^-$  uptake kinetics. As external  $\text{NaCl}$  concentration increases, TEP could become less negative (inside relative to outside), which would reduce the driving force for  $\text{Na}^+$  uptake and enhance the gradient for  $\text{Cl}^-$  uptake. This could explain in part the observed leveling off of  $J_{\text{in}}^{\text{Na}}$  and the linear increase of  $J_{\text{in}}^{\text{Cl}}$  (Fig. 1). Such a result would require a considerable change in TEP. In vitro studies using isolated *F. heteroclitus* opercular membrane have indicated that the very negative TEP ( $-30$  to  $-60$  mV) (Wood and Marshall, '94) can be reduced by an increase in mucosal  $\text{NaCl}$  levels (W.S. Marshall, unpublished results). How-

ever, in vivo TEPs measured in other fresh water euryhaline fish are only slightly negative. For instance, euryhaline gobies (*Gillichthys mirabilis*), when transferred to 5% seawater from full-strength seawater, develop a TEP of about  $-30$  mV, but over 24 h acclimation the TEP approaches a new steady state at zero (Iwata and Bern, '85). Furthermore, in vivo TEP measured in goldfish and trout, in the presence of external  $\text{Ca}^{2+}$ , were unaffected when  $\text{NaCl}$  levels were varied between 0.1 and 100 mM (Kerstetter et al., '70; Eddy, '75), a range far greater than tested in the present study (Fig. 1). Thus, it is uncertain exactly how external  $\text{NaCl}$  levels would influence TEP for *F. heteroclitus* in vivo.

It becomes evident that mummichog ion absorption properties depart from what has been established for other fresh water fish. In general, freshwater species possess higher affinity, lower capacity ion uptake mechanisms than the mummichog. In adult rainbow trout, for example,  $\text{Na}^+$  and  $\text{Cl}^-$  uptake, despite being independent processes, have virtually identical  $K_m$  values ( $\sim 100 \mu\text{mol/l}$   $\text{NaCl}$ ) which are both saturated within a much lower  $[\text{NaCl}]_{\text{ext}}$  range and have similar  $J_{\text{max}}$  values ( $\sim 350$  nEq/g/h) (Goss and Wood, '91). The goldfish (*Carassius auratus*) also displays a relatively high affinity and low capacity uptake for  $\text{Na}^+$  ( $K_m = 300 \mu\text{mol/l}$ ,  $J_{\text{max}} = 650$  nEq/g/h) (Maetz, '72, '73) and  $\text{Cl}^-$  ( $K_m = 100 \mu\text{mol/l}$ ,  $J_{\text{max}} = 500$  nEq/g/h) (DeRenzis and Maetz, '73; DeRenzis, '75).

It has been suggested that the affinity of the ion uptake mechanism is correlated with the adaptability of a particular species to fresh water (Potts and Parry, '64; Evans, '73). Our results with the mummichog in conjunction with other studies using other species do not support this assertion. Although *Fundulus heteroclitus* can withstand a rapid transfer to freshwater and reside in fresh water (Griffith, '72), this fish has a low affinity for  $\text{Na}^+$  ( $1,723 \pm 223 \mu\text{Eq/l}$ ) and  $\text{Cl}^-$  ( $> 4,700 \mu\text{Eq/l}$ ) uptake. Both the sailfin molly (*Poecilia latipinna*), another euryhaline teleost that has been known to reside in freshwater bodies (high in hardness) in Florida (Evans, '73), and the stenohaline freshwater minnow (*Phoxinus phoxinus*) (Frain, '87) possess low affinities for  $\text{Na}^+$  (molly:  $K_m = 8,000 \mu\text{mol/l}$ ; minnow:  $K_m = 3,000 \mu\text{mol/l}$ ; no data for  $\text{Cl}^-$ ). Instead, other factors must be considered when assessing the ability to adapt to fresh water. Evans ('84) proposed that a reduction in the efflux component (i.e., reduction in permeability or surface area) and/or an increase in uptake by increasing the number of carriers (i.e.,  $J_{\text{max}}$ ) potentially has a larger role in maintaining ion bal-



ance when euryhaline fish enter fresh water than does increasing the affinity (i.e., decrease  $K_m$ ).

Although  $\text{Na}^+$  and  $\text{Cl}^-$  influxes were stimulated by the increasing external  $[\text{NaCl}]$  (Fig. 1A, B), the efflux rates of both ions remained unchanged (Fig. 2A). These results indicated that carrier-mediated exchange diffusion ( $\text{Na}^+/\text{Na}^+$  and  $\text{Cl}^-/\text{Cl}^-$ ) is not functioning in the mummichog. Although earlier studies examining exchange diffusion were artifactual due to changes in TEP, more recent studies that eliminated this problem provided strong evidence for exchange diffusion in rainbow trout (Goss and Wood, '90a,b). As for the mummichog,  $\text{Na}^+$  and  $\text{Cl}^-$  effluxes are assumed to occur by simple diffusion through paracellular channels, as described in the freshwater ion transport model (Goss et al., '92; Marshall, '85; McDonald et al., '89).

Figure 2B presents evidence that ammonia excretion in *F. heteroclitus* is unaltered by changes in external  $[\text{NaCl}]$  and is therefore not directly coupled to  $\text{Na}^+$  uptake (i.e., no  $\text{Na}^+/\text{NH}_4^+$  exchange). In contrast, Wright and Wood ('85) and McDonald and Prior ('88) found a 1:1 correlation between  $\text{Na}^+$  and ammonia excretion under certain conditions in freshwater rainbow trout. However, Maetz ('73), using goldfish, and Ker-setter et al. ('70), using rainbow trout, varied  $[\text{Na}^+]_{\text{ext}}$  and found no change in ammonia excretion. More recent studies on freshwater trout (Heisler, '90; Wilson et al., '94) suggest that  $\text{Na}^+/\text{NH}_4^+$  exchange does not occur, that any linkage between  $\text{Na}^+$  uptake and ammonia excretion is indirect, and that ammonia is excreted by  $\text{NH}_3$  diffusion across the gills. This is likely the case in *F. heteroclitus*.

### Injection studies

It is clear that a metabolic acidosis was induced by the HCl injection, as indicated by significant drops in both  $\text{pH}_a$  and  $[\text{HCO}_3^-]$  (Fig. 3), and that approximately 50% of the acid load was eliminated within the 4 h following injection (based on the net  $\text{H}^+$  fluxes determined by titration) (Fig. 4B). However, since water titration cannot distinguish between acid excretion and base uptake (McDonald and Wood, '81), the acidosis could have been corrected by either or both in vivo. To get an indication of which corrective measure was taken, we used the strong ion difference (SID) theory (Stewart, '83) as a tool to assess acid-base status independently of the water titration method. The way in which this is performed is to compare the differential ion fluxes. Briefly,  $\text{Na}^+$  and  $\text{Cl}^-$  are the major

strong cation and anion, respectively, that have appreciable fluxes across the branchial membrane. If a disparity between the  $\text{Na}^+$  and  $\text{Cl}^-$  net fluxes exists, this indicates a charge imbalance which in freshwater fish has been equated to the net flux of acidic equivalents (i.e.,  $J_{\text{net}}^{\text{H}^+} = J_{\text{net}}^{\text{Cl}^-} - J_{\text{net}}^{\text{Na}^+}$ ). A strong correlation has been reported between  $J_{\text{net}}^{\text{H}^+}$ , as measured by titration, and the difference between the net  $\text{Na}^+$  and  $\text{Cl}^-$  fluxes (Wood et al., '84; Kirschner, '96). By this reasoning, the greater rate of  $\text{Cl}^-$  loss over  $\text{Na}^+$  loss that was measured following HCl injection (Fig. 4A) represents a net  $\text{H}^+$  excretion. This acid excretion predicted by SID is in agreement with the  $J_{\text{net}}^{\text{H}^+}$  that was measured by water titration (Fig. 4B). Furthermore, in the control series (NaCl injection), net  $\text{Na}^+$  and  $\text{Cl}^-$  fluxes were not dissimilar (Fig. 5A), suggesting that an acid-base disturbance was not induced. This is confirmed by the net acid-base fluxes in which  $J_{\text{net}}^{\text{H}^+}$  did not vary (Fig. 5B). We have found further agreement between the net  $\text{Na}^+$  and  $\text{Cl}^-$  fluxes and net  $\text{H}^+$  movement in subsequent studies using *Fundulus heteroclitus* (M.L. Patrick and C.M. Wood, unpublished results). Many other studies have reported similar accord between the two approaches for other freshwater fish (Wood et al., '84; Hyde and Perry, '87, '89; McDonald and Prior, '88; Perry et al., '87; McDonald et al., '89; Goss and Wood, '90a,b; Goss et al., '92; Kirschner, '96).

The application of SID in the present study not only tells us that a link does exist between ion and acid-base regulation in *Fundulus heteroclitus* but that the nature of this coupling departs from the established freshwater model. The net  $\text{Na}^+$  gain and  $\text{Cl}^-$  loss following HCl injection were strictly due to the differential adjustment in the efflux components;  $\text{Na}^+$  influx did not increase, and  $\text{Cl}^-$  influx remained negligible (Fig. 4A). In those freshwater fish that have been examined, acidosis is corrected by a stimulation of  $\text{Na}^+$  uptake coupled in some way to  $\text{H}^+$  excretion (see Introduction) and/or by an inhibition of  $\text{Cl}^-$  uptake coupled to  $\text{HCO}_3^-$  (base) excretion (reviewed by McDonald et al., '89; Wood, '91; Goss et al., '92; Kirschner, '96; Potts, '94). Instead, the mummichog excreted half of the acid load by differential modulation of  $\text{Na}^+$  vs.  $\text{Cl}^-$  efflux (Fig. 4A). Ion efflux modulation for acid-base correction has been seen in rainbow trout but only in response to alkalosis, not acidosis (Goss et al., '92). The mechanisms for the control of differential efflux of  $\text{Na}^+$  and  $\text{Cl}^-$  are yet to be defined in fish gill epithelia. However, Madara ('88) reported that tight junctions

of leaky epithelia can alter charge selectivity and structure, which in turn varies the resistance to paracellular ion flow. Therefore, selective regulation of the tight junction in gill epithelia would allow for the appropriate ion to diffuse through more easily. In the case of HCl-induced acidosis, anion permeability would be selectively elevated, whereas, in the case of NaCl loading, anion and cation permeability would be increased equally. This ability to differentially adjust  $\text{Na}^+$  and  $\text{Cl}^-$  effluxes implies that a second connection between ion and acid-base regulation exists in addition to the well-known link between ion uptake and acid-base fluxes (see Introduction).

HCl injection stimulated both net ammonia and net  $\text{H}^+$  excretion (Fig. 4B) without a concomitant increase of  $\text{Na}^+$  uptake (Fig. 4A). It seems probable that  $\text{NH}_3$  diffusive efflux was stimulated by an increase in the ammonia diffusion gradient across the gill due to local ammonia trapping by the  $\text{H}^+$  excretion into the external medium immediately adjacent to the gill (i.e., boundary layer) (Wilson et al. '94). Enhanced ammonia production due to the disturbance by the experimental procedures may also have played a role, as increased ammonia excretion was also seen in the NaCl-injected group (Fig. 5B). Finally, it remains possible that the way in which acid was excreted through the paracellular route was via the passive diffusion of  $\text{NH}_4^+$  (e.g., McDonald et al., '89), because mummichogs maintain a rather large cation permeability, as evidenced by the large  $\text{Na}^+$  effluxes (Figs. 2, 4A, 5A). This high cation permeability may extend to include  $\text{NH}_4^+$  and allow the predicted  $\text{NH}_4^+$  diffusive loss. Experimentally, it would be very difficult to separate  $\text{H}^+$  movement plus diffusion trapping of  $\text{NH}_3$  from  $\text{NH}_4^+$  diffusion; in terms of acid-base balance, they are functionally equivalent.

The metabolic alkalosis (increased blood pH and plasma  $\text{HCO}_3^-$ ) (Fig. 3) exhibited by NaCl-injected fish was presumably an effect of disturbance, but its exact cause is unknown. Measurement of acid-base fluxes in this treatment (Fig. 5B) suggested that the environment was neither a source nor a sink for this base load, so it was presumably of internal origin. Interestingly, we have found that freshwater mummichogs have little ability to clear base loads (M.L. Patrick and C.M. Wood, unpublished results), in contrast to their effective clearance of an acid load seen in the present study.

### ***Ionoregulatory mechanisms of the fresh water-adapted Fundulus heteroclitus***

In conclusion, it would appear that the fresh water mummichog does not fit the current freshwater ion transport model which is based on experiments with salmonids, goldfish, and catfish. These differences include 1) a very low affinity but high capacity  $\text{Na}^+$  uptake system; 2) the absence of a saturable  $\text{Cl}^-$  uptake system and indeed the absence of  $\text{Cl}^-$  uptake at the acclimation  $[\text{Cl}^-]_{\text{ext}}$  level of 1.0 mmol/l, which is a typical freshwater concentration; 3) the absence of linkage between  $\text{Na}^+$  and  $\text{Cl}^-$  influx and efflux components; 4) the markedly higher efflux of  $\text{Na}^+$  than  $\text{Cl}^-$ ; 5) the lack of coupling of  $\text{Na}^+$  and  $\text{Cl}^-$  influxes to acid-base regulation; and 6) an ability to modulate  $\text{Na}^+$  and  $\text{Cl}^-$  effluxes for the purpose of acid-base correction during acidosis. These very different characteristics of the mummichog's ionoregulation may reflect its estuarine habitat and strong euryhaline capabilities. The differences described here certainly suggest that a single model of ion transport is insufficient to describe the underlying mechanisms utilized by a wide variety of teleosts that are capable of adaptation to fresh water.

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