

## Floor Warden Training

## Farthquake Safety

## Earthquakes

- The following video illustrates what to do and where to take cover during an earthquake:
- Earthquake Video (2 Minutes)



## Drop* Cover *Hold

- If you are indoors and you feel an earthquake starting, stay calm and:
- Take cover under a sturdy desk or table and hold on
- If there are no tables nearby, cover your face and head with your arms and crouch in an inside corner or interior wall (see figure $B$ on the right)



## Classroom / Lecture Theatre

- If you are in a classroom or lecture theatre when an earthquake starts:

Crouch between the Seats


Always Cover your Head \& Neck

## Hazards

- Move away from overhead hazards
- Ceiling mounted projectors
- Stay away from glass, windows or anything that could fall, such as lighting fixtures or furniture



## Earthquake Safety

- Stay inside until the shaking stops and it is safe to go outside
- Most injuries during earthquakes occur when people are hit by falling objects when entering into or exiting from buildings
- Count to 60 before attempting to exit. If you feel any aftershocks start your count again



## Outside During an Earthquake

- If you are outside - stay outside
- Do not enter buildings unless you have been advised that they are safe
- Watch for hazards - power lines, trees, fires, gas leaks....



## Floor Wardens

- Assist with providing leadership and guidance on earthquake procedures and when it's safe to do so help facilitate the evacuation of your building
- Report any pertinent information about injuries, individuals requiring assistance, and hazardous situations to the Building Emergency Director
a place of mind
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