

## POPULATION BIOLOGY OF SNOWSHOE HARES. II. INTERACTIONS WITH WINTER FOOD PLANTS

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### SUMMARY

(1) We investigated interactions between snowshoe hares (*Lepus americanus*) and their food plants in winter during a cyclic fluctuation in numbers at Kluane, Yukon, between 1977 and 1985.

(2) The winter diet of hares at Kluane was dominated by four species of shrubs and trees. *Betula glandulosa*, the most preferred species, was common on only four of nine study plots. *Salix glauca* was eaten most often in mid-winter, when *Betula* was covered by snow. Where *Betula* was absent, *Salix* was eaten at or above the level expected from its relative abundance. *Picea glauca* was generally not preferred, but was eaten, especially where *Betula* was absent. *Shepherdia canadensis* was eaten fourth most often.

(3) By the peak of the cycle in the winter of 1981–82, hares had removed much of the biomass of small twigs of *Betula glandulosa* and *Salix glauca* from three study plots. Hares had little effect on the biomass of *Picea glauca* twigs. The biomass of these three species on two control plots at the end of the 1981–82 winter was, however, still sufficient to support the hares residing there. A larger population of hares on a third plot with added food depleted their supply of natural foods more severely.

(4) An analysis of the fates of tagged twigs showed that hares browsed an average of 63% of *Betula glandulosa* twigs, 26% of *Salix glauca* twigs, 20% of *Shepherdia* twigs, and 14% of *Picea glauca* twigs in the winter during the 3 years of peak density. At the peak in hare numbers in 1981–82, over 80% of *Betula* twigs were eaten. Twigs within 50 cm of the ground were browsed most often.

(5) Heavily-browsed *Betula glandulosa* bushes grew new twigs rapidly after hare numbers had declined. *Salix glauca* showed less terminal regrowth, but produced stump sprouts, which we did not measure. *Picea glauca* and *Shepherdia* were not heavily browsed, nor did they grow faster after browsing by hares.

(6) Adult hares became heavier in spring as numbers rose, and then lighter as their numbers declined. The latter effect was absent on plots with added food. Growth rates of juvenile hares in summer and autumn declined as hare numbers rose, but did so more slowly on two plots where food was added. Juveniles lost mass in winters of peak density, but did not do so on two plots with added food. The growth rates of juvenile hares recovered within 2 years of the decline.

(7) Our results suggest that snowshoe hares at Kluane did not experience an absolute food shortage in winter at peak densities. Also, radio telemetry studies at Kluane showed that most hares died of predation, not starvation. We suggest that a relative food shortage

at high hare numbers facilitated deaths of hares from predation, consistent with Keith *et al.* (1984).

## INTRODUCTION

In winter, snowshoe hares (*Lepus americanus*) eat the terminal twigs of woody shrubs and trees (Bider 1961; Bookhout 1965; Telfer 1972; Klein 1977; Wolff 1978). According to Keith (1981, Keith *et al.* 1984), a shortage of winter food is a principal cause of the rapid declines in hare numbers from the cyclic peaks that are reached every 8–11 years. Two previous studies have tested this aspect of Keith's hypothesis to explain hare cycles. Pease, Vowles & Keith (1979) found that hares at Rochester, Alberta, removed more than half of the standing crop of twigs in the winter during a peak in numbers, and that standing crops of twigs in autumn were inadequate to maintain the resident hares overwinter. Keith *et al.* (1984) replicated this study using improved methods, and found evidence of absolute food shortage on only two of three plots, although hare numbers declined on all three. Thus, peaks in hare numbers are often, but not always, associated with an absolute shortage of winter food.

In a previous paper (Krebs *et al.* 1986a), we presented demographic data on hare populations in the Kluane region, Yukon, Canada. In this paper, we consider indirect evidence on whether these populations experienced food shortage during a cyclic peak in density in 1980–81. We conducted a population study of marked samples of twigs from 1977 to 1984, and monitored their growth and survival in the face of browsing by hares in winter. We also measured the diets of wild hares and how they selected food plants in relation to their species and height above the ground. We estimated the standing crop of the three most common twigs available to hares on three plots in spring each year. Finally, we tested for evidence of food shortage using the weights of live-trapped hares. In a companion paper (Sinclair *et al.* 1988), we consider physiological evidence that hares on our study areas experienced food shortage, and discuss the predictions of several current hypotheses to explain hare cycles.

## METHODS

### *Study areas*

The characteristics of the local vegetation and the demography of snowshoe hares were studied on nine plots (9 ha each) near Kluane, Yukon, where hares were regularly trapped using methods in Krebs *et al.* (1986a), in a variety of the habitats used by hares. The dominant vegetation varied from closed canopy spruce forest to open areas of low shrubs; major plant species as given in Krebs *et al.* (1986a). Four plots, within 10 km of base camp on the south shore of Kluane Lake, were at least 1 km apart. Two plots (Jacquot Control and Jacquot Food) were on an island in Kluane Lake, about 35 km north of the base camp, one plot (Koo Lake) about 20 km south, and two were about 130 km south, i.e. Dezadeash Food on a small island near the SW corner of Dezadeash lake, and Gribble's Control on the mainland about 10 km further south.

Supplemental food (commercial rabbit food) was supplied to hares on three plots (Jacquot Food, Microwave Food, and Dezadeash Food) (Krebs *et al.* (1986a). Maximum snow depths on each plot are in Krebs *et al.* (1986a).

*Species composition of woody plants*

Snowshoe hares feed on small twigs (< 5 mm diam.) of woody shrubs and trees in winter (Pease, Vowles & Keith 1979); we estimated their relative abundances as follows. Two twigs on one tree or shrub were tagged in the summer of 1976 or 1977 with numbered aluminium tags at all stations on each 10 × 10 hare trapping grid (30 m spacing between stations), and their height a.g.l. measured, most < 2 m, on the shrub or tree nearest to the grid point. Hares can reach twigs about 60 cm above ground or snow surface, or higher twigs by felling thicker stems (Keith *et al.* 1984). The relative frequencies of each tagged species provided a rough estimate of the species composition of shrubs on the plot.

*Selection of woody browse by wild hares*

We estimated the choice of food plants by wild hares in winter and spring by tracking hares after fresh snowfalls in November and February, following tracks and recording the species and diameter of each twig where clipped. Typically tracks were followed until about 200 browse points had been recorded per plot, slightly > 200 in February, and slightly < 200 in November. We did not estimate the numbers of hares that made the tracks. A second estimate of species and availability was obtained from the samples of tagged twigs.

*Estimates of standing crop of twigs*

We estimated the standing crop of the three dominants *Salix glauca* (grey willow), *Picea glauca* (white spruce), and *Betula glandulosa* (bog birch) annually at Microwave, 1050, and Beaver Pond, i.e. numbers of twigs with a 5 mm basal diameter on thirty randomly-chosen quadrats of 1.8 × 7.6 m in May, after all snow had melted. For slender *Betula glandulosa* several twigs with a combined diameter of 5 mm were counted as a single unit and samples weighed. Twigs > 5 mm in diameter and > 2 m in height were ignored because these were out of reach for hares at maximum snow depths. The counts of twigs and estimates of twig biomass were then extrapolated to standing crop of *small twigs available to snowshoe hares* in kg ha<sup>-1</sup>.

*Survival and growth of tagged twigs*

The 200 tagged twigs on each plot were photographed in black-and-white against a white background in May before the onset of summer growth, and in September after leaves had fallen, and twig area measured using an optical image analyser. Twig growth was recorded from May to September, and twig survival from September to May. Totally-browsed twigs, or missing twigs, were replaced by tagging another twig on the same bush and height of tagged twigs recorded. Browsing by hares was easily distinguished from browsing by moose (*Alces alces*), the only other herbivore to feed on twigs in winter. Krebs *et al.* (1986b) give details of the method.

Sets of four small exclosures (7.6 × 7.6 m) were erected on six plots (Microwave Food (2 sets), Beaver Pond, Silver Creek Control, Dezadeash Food, Gribble's Control, Jacquot Food, and Jacquot Control), intended to exclude vertebrate herbivores of different sizes; i.e. 1 m high fences of: (a) 0.4 cm mesh (b) 2.5 cm mesh hardware cloth, (c) by three strands of barbed wire, and (d) by iron posts only. Type (a) to exclude all vertebrate herbivores, (b) to exclude all save small mammals (mice, voles and chipmunks), and (c) to exclude large mammals such as moose. Type (d) plots were controls. Types (a), (b) and (c) were topped by two additional strands of barbed wire to discourage moose from reaching into

TABLE 1. Distribution of sampling procedures among plots

Plot	Growth and survival of twigs	Browse points	Standing crop	Sets of exclosures	Added food
Silver Creek	Yes	Yes	No	1	No
Beaver Pond	Yes	Yes	Yes	1	No
Kloo Lake	Yes	Yes	No	0	No
1050	Yes	Yes	Yes	0	No
Microwave Food	Yes	Yes	Yes	2	Yes
Jacquot Control	Yes	Yes	No	1	No
Jacquot Food	Yes	Yes	No	1	Yes
Gribble's Control	Yes	Yes	No	1	No
Dezadeash Food	Yes	Yes	No	1	Yes

the exclosures. We tagged and photographed twenty-five twigs to approximate species composition within each exclosure, and followed their growth and survival as described above.

#### *Mass and growth rates of hares*

Live-trapped hares were weighed by spring balance to  $\pm 10$  g to yield mean values for local populations, and rates of change in mass by three seasons, autumn (September–November; winter (December–March); and spring (April–May). Some of our sampling activities were carried out on all nine plots, while others were restricted to certain plots (Table 1).

## RESULTS

#### *Species composition of woody plants*

The species composition of tagged twigs on the nine plots (Table 2) is dominated by three species of plants, *Salix glauca*, common on all plots, *Picea glauca* common on most plots, but rare on Microwave Food, *Betula glandulosa* common on four plots, but rare or absent from the other five. Together these three species made up over 83% of the tagged twigs on all plots. No other species was tagged on three plots, and on only one did any other species comprise more than 10% of tagged twigs (*Salix planifolia* (thin red willow) on Jacquot Food). Although only the data from the summer of 1978 are presented here, subsequent loss and replacement of tags had little effect on the proportions of tagged twigs on any plot.

Snow influences the availability of food to hares in winter (Keith *et al.* 1984). At Kluane, mean maximum snow depths varied from 23 cm at Jacquot Control to 70 cm at Microwave (Krebs *et al.* 1986a). One effect of deep snow is to partially or completely cover low shrubs like *Betula glandulosa* or *Shepherdia canadensis* (soapberry). For example, in mid-May 1986, a year of late snowmelt, only 11% of 105 tagged *Betula* twigs at Beaver Pond and on two nearby plots were exposed by 12 May, after about half of the snowpack had melted. Since hares do not dig for food, twigs covered by snow are unavailable. Deep snow also allows hares to reach taller twigs, such as side branches of mature *Picea* trees.

Other species of shrubs or small trees were patchily distributed, and sometimes locally abundant, but not well-represented in our samples of tagged twigs. These included *Shepherdia canadensis*, *Salix alaxensis* (felt leaf willow), *Eleagnus commutata* (silver-berry), *Populus tremuloides* (aspen), and *P. balsamifera* (balsam poplar).

TABLE 2. Proportions of tagged twigs classed by species on each of nine plots near Kluane, Yukon in 1978. All plots contained 200 twigs

Plot name	<i>Salix glauca</i>	<i>Picea glauca</i>	<i>Betula glandulosa</i>	<i>Shepherdia canadensis</i>	Other
Silver Creek	0.34	0.55	0.00	0.00	0.10
Beaver Pond	0.49	0.09	0.42	0.00	0.10
Kloo Lake	0.63	0.31	0.02	0.03	0.00
1050	0.57	0.08	0.35	0.00	0.00
Microwave Food	0.21	0.00	0.79	0.00	0.00
Jacquot Control	0.14	0.73	0.00	0.10	0.03
Jacquot Food	0.50	0.33	0.00	0.02	0.14
Gribble's Control	0.26	0.38	0.29	0.01	0.06
Dezadeash Food	0.66	0.22	0.00	0.08	0.05

TABLE 3. Twigs eaten by wild hares in February and November on all grids with *Betula glandulosa* ( $n=4$ ), without *Betula* ( $n=3$ ), and on Jacquot Island ( $n=2$ ). Values shown are the mean proportions of all twigs clipped by hares each year on all plots in each category. Standard errors are given after each mean

Site	Plant species selected				
	<i>Salix glauca</i>	<i>Picea glauca</i>	<i>Betula glandulosa</i>	<i>Shepherdia canadensis</i>	Other
February					
<i>Betula</i>	0.59 ± 0.05	0.18 ± 0.03	0.21 ± 0.08	0.00	0.02 ± 0.01
No <i>Betula</i>	0.45 ± 0.05	0.23 ± 0.07	—	0.11 ± 0.03	0.22 ± 0.04
Jacquot	0.54 ± 0.11	0.23 ± 0.02	—	0.11 ± 0.04	0.12 ± 0.04
November					
<i>Betula</i>	0.23 ± 0.08	0.01 ± 0.01	0.71 ± 0.09	0.04 ± 0.01	0.02 ± 0.01
No <i>Betula</i>	0.29 ± 0.06	0.15 ± 0.05	—	0.22 ± 0.07	0.34 ± 0.06
Jacquot	0.44 ± 0.09	0.05 ± 0.02	—	0.37 ± 0.10	0.08 ± 0.03

In summary, the diversity of species of twigs at Kluane in winter is low. Only *Salix glauca* and *Picea glauca* are consistently available above the snow surface on most plots.

#### *Food selection by wild hares*

We obtained two sets of data on the foods chosen by hares. The first, from tracking hares in the snow, revealed that only a few species were taken (Table 3), with *Betula glandulosa* and *Salix glauca* being eaten most often. On the plots with *Betula*, about 70% of all twigs taken in November were *Betula*. Snow cover in February reduced consumption of *Betula* to about 20% of all twigs eaten. About half the twigs eaten in February were *S. glauca*, and about a quarter were *Picea glauca*. On mainland plots without *Betula*, hares ate about the same proportion of *S. glauca* twigs as on plots where *Betula* occurred. Rather than increasing their intake of *S. glauca*, they ate more twigs of *Shepherdia*, *Picea glauca*, and other species. The high value (0.34) for other species in November (Table 3) comes mainly from a single patchily-distributed species, *Eleagnus commutata*, found only on one plot (Silver Creek). *Eleagnus* is a low shrub, that is usually covered by snow in February. On the two plots on Jacquot Island, where there was no *Betula*, and where the demography of hares was different from the other seven plots (Krebs *et al.* 1986a; Trostel 1986), the species of twigs clipped by hares were very similar to those taken on mainland plots without *Betula*.

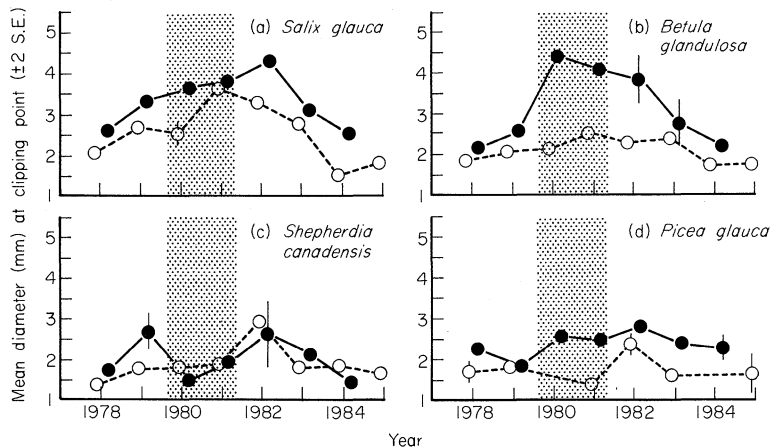


FIG. 1. Diameters of four common species of twigs at the point of clipping from the plant by snowshoe hares each year from 1977 to 1984 in February (●) and November (○). Thin vertical bars denote two standard errors above and below the mean. Where no error bars are visible, they are smaller than the point. No *Picea glauca* twigs were browsed by hares in 1979 and 1983. The stippled vertical bar indicates the period of peak hare numbers in all figures.

The diameters of twigs at the clipping point were higher in February than in November except for *Shepherdia* twigs (Fig. 1). These data are pooled samples from all plots; there were only minor differences among the plots. Basal diameters of browsed *Salix glauca* and *Betula* twigs increased systematically with hare numbers, particularly in the sample in February. The diameters of twigs at the clipping point remained high for a year after the clipping point, and then declined steadily. Changes in the diameters of clipped twigs were less marked for *Picea glauca* and *Shepherdia*, and neither showed a striking change through the cycle. Thus, hares clipped thicker and less nutritious stems (Sinclair *et al.* 1988) of the two most common species in their diet in winters of peak numbers.

Second, we consider selection of tagged twigs by hares. In each winter from 1978–79 to 1981–82 hares ate twigs non-randomly compared to the proportions of each species tagged ( $P < 0.001$ , chi-squared tests). In the 1982–83 winter, however, few twigs of any species were eaten, and the proportions of each species eaten did not deviate from chance expectation. We next calculated preference ratios (Crawley 1983) by dividing the proportion of each species in the diet by its proportion in the tagged sample. Values of this index above unity indicate preference, a value of one indifference, and values below one avoidance. We again distinguished between plots containing *Betula* (Beaver Pond, 1050, Microwave and Gribble's), and the remaining plots, where *Betula* was absent or very rare. On plots with *Betula*, its twigs were consistently preferred each winter (Table 4). The mean preference ratio for *Betula* fell more than  $6 \times$  S.E. above unity. On plots with *Betula*, both *Salix* and *Picea* twigs were strongly avoided by hares, except in 1982–83, when *Picea* twigs were taken more often than expected from their abundance. In this winter, however, few tagged twigs of any species were eaten. Few tagged twigs of other species were available on plots with *Betula*. Although twigs of other species were preferred overall, the standard errors of their preference ratios were high, and this conclusion must be tentative.

On plots lacking *Betula*, *Salix* twigs were eaten as often, or more often than expected from their relative abundance (Table 4). *Picea* twigs were generally avoided, save in the

TABLE 4. Preference ratios (proportion of twigs eaten/proportion of total tagged) for twigs eaten by hares during five winters. Preferred values are  $> 1$ . Years of peak hare density are underlined. Data are grouped according to whether *Betula glandulosa* was present ( $n=4$ ) or absent ( $n=5$ )

Status of <i>Betula</i>	Number tagged	Number eaten	<i>Salix glauca</i>	<i>Picea glauca</i>	<i>Betula glandulosa</i>	Other
1978–79						
Present	854	92	0.57	0.55	1.40	1.83
Absent	951	49	1.03	0.68	—	1.95
1979–80						
Present	759	194	0.55	0.80	1.40	1.86
Absent	776	209	1.31	0.63	—	0.71
1980–81						
Present	845	408	0.68	0.36	1.46	0.88
Absent	962	160	1.33	0.30	—	2.00
1981–82						
Present	649	328	0.48	0.63	1.52	—
Absent	865	184	1.31	0.48	—	1.56
1982–83						
Present	761	26	0.55	1.88	1.16	3.17
Absent	734	13	0.91	1.55	—	0.00
Mean <i>Betula</i> /No <i>Betula</i>			0.57/1.18	0.84/0.73	1.40/—	1.93/1.24
S.E.			0.03/0.08	0.27/0.22	0.06/—	0.47/0.39

winter of 1982–83. Other species were again poorly represented among tagged samples, and preference ratios were variable from year to year. On one plot (Gribble's), a second species of willow, *Salix scouleriana* (tree willow), may have been a preferred food.

When the estimates of selection of tagged twigs by hares and the data from snow tracking on the species of twigs eaten by hares are compared, the following points emerge. First, *Salix glauca* was the most widely-eaten food in winter. On plots where *Betula glandulosa* was absent, *Salix* was taken at or slightly above the expectation based on its relative abundance. *Picea glauca*, the second very widely-distributed species, was generally avoided by hares, although it sometimes made up a substantial proportion of their diet. Table 4 suggests that hares may have selected *Picea* more often in 1982–83, after hare numbers had declined, but this conclusion is tentative because of small samples. On plots with *Betula glandulosa*, it was a preferred food of hares and dominated their diets. However, the availability of *Betula* was reduced by snow cover in mid-winter. Where *Betula* was present, hares generally avoided both *Salix* and *Picea* twigs strongly. Other species of twigs were eaten on some plots, but none were very abundant or widespread. Too few twigs of these other species were tagged to estimate whether or not they were preferred by hares. Thus, the availability of winter food for hares at Kluane can be characterized quite well by twig abundance on the three most abundant trees and shrubs, *Salix glauca*, *Picea glauca*, and *Betula glandulosa*.

#### *Standing crop of three dominant species of browse*

We estimated the standing crop of twigs of the three most abundant plant species (*Salix glauca*, *Betula glandulosa* and *Picea glauca*) on three plots (1050, Microwave Food, and Beaver Pond). Other species of twigs were rare on these plots. Figure 2 shows that the biomass of two of the three species (*Salix* and *Betula*) declined as numbers of hares increased. There was, however, little change in the biomass of *Picea*. Table 5 shows the

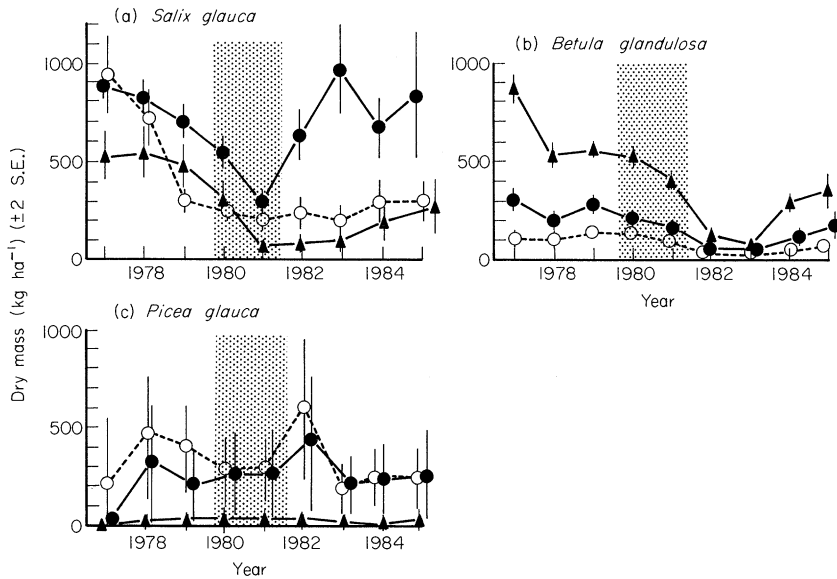


FIG. 2. Annual estimates of biomass ( $\pm 2$  S.E.) of three species of plants commonly eaten by snowshoe hares on three plots at Kluane, Yukon: 1050 (●), Beaver Pond (○) and Microwave (▲).

biomass of twigs of each species available in relation to the hare population on each of the three plots. There was a drastic reduction in the biomass of twigs available per hare on all three plots as hare numbers increased. The reduction was particularly marked on the

TABLE 5. Biomass of twigs of *Salix glauca*, *Picea glauca* and *Betula glandulosa* available to hares in May on three plots from 1978 to 1984. Years of peak hare density are underlined. The numbers tabulated are the kg ha<sup>-1</sup> of browse of that species estimated from transects, divided by the density of hares per 25 ha on the plot (from Krebs *et al.* 1986a, Table 4)

	Biomass present (kg hare <sup>-1</sup> )						
	1978	1979	1980	1981	1982	1983	1984
<i>Salix glauca</i>							
1050	968	473	188	108	885	8058	16 570
Microwave	1663	208	35	5	10	295	2595
Beaver Pond	6018	843	130	58	225	2548	1863
<i>Betula glandulosa</i>							
1050	238	190	73	60	48	468	3118
Microwave	1673	243	58	38	18	220	3795
Beaver Pond	875	383	73	30	28	180	345
<i>Picea glauca</i>							
1050	380	140	90	98	585	1675	5935
Microwave	78	18	5	5	5	30	75
Beaver Pond	3733	1078	150	80	553	2508	1578
Total							
1050	1585	803	353	268	1518	10 200	25 800
Microwave	3413	465	95	50	35	545	6450
Beaver Pond	10 225	2303	353	165	805	5233	3783



Microwave Food plot, where hares were about three times as abundant as on neighbouring control plots because of supplemental feeding.

Captive hares consume about 300 g of fresh terminal twigs per day in winter (Bookhout 1965; Pease, Vowles, Keith, 1979). Applying this estimate to wild hares at Kluane, there was clearly sufficient food of these three species remaining at the end of the winter of peak numbers to sustain the hares living on the two control plots for a considerable period. For example, the ninety-one hares on Beaver Pond in April 1981 (Krebs *et al.* 1986a) each had approximately 165 kg of small *Betula*, *Salix* and *Picea* twigs available per hectare, i.e. enough to last for several months. Depletion of natural food was more severe on the Microwave Food plot. In May 1982, there were only 35 kg of twigs remaining on this plot per hare, and most of these were *Betula* twigs, that had been buried by snow for much of the winter. On this plot, hares relied heavily upon the food supplied from feeders. The natural vegetation on this plot was severely damaged by hare browsing in the peak winter (1981–82), and many shrubs and trees were girdled by hares.

These estimates of the food available to hares are rough. They may be too high because: (i) wild hares may require more food than captive ones; (ii) many of the remaining twigs were the non-preferred *Picea glauca*; (iii) the average diameter of the twigs available in 1981 and 1982 was high (Fig. 1), and they were probably poor in nutritive value; (iv) some remaining twigs may have been unpalatable to hares because of secondary chemicals; and (v) some of the twigs remaining at the end of the winter may have been buried by snow in mid-winter. On the other hand, the estimates could be too low because: (i) hares may have travelled outside plots to reach patches of preferred foods; (ii) browse from other low-growing plants (e.g. *Vaccinium* spp., *Arctostaphylos* spp., *Potentilla* spp.) may have been eaten in early and late winter, when snow was shallow. Even if our estimates of food availability are an order of magnitude too high, hares on the Beaver Pond and 1050 plots should not have faced an absolute shortage of small twigs at the time of peak hare numbers.

Recovery of twig biomass was rapid after the decline in hare numbers on the two control plots, but was delayed for a year on the Microwave plot, where hare numbers were elevated by provisioning with supplemental food.

In summary, hares had a considerable impact upon the standing crop of the two most commonly eaten species of twigs, *Betula glandulosa* and *Salix glauca*. Despite this, they did not remove all the available twigs even at the peak in hare numbers. Once hare numbers had declined, the biomass of twigs rapidly increased upon release from browsing pressure.

#### *Mortality and growth of tagged twigs*

The patterns of mortality in tagged twigs for samples pooled from all nine plots are summarized in Table 6. The data for three mainland plots: 1050, Microwave and Beaver Pond are shown in Fig. 3. On all mainland plots, there was a steady increase in the proportion of twigs eaten by hares as hare numbers increased to a peak in the winters of 1980–82. Average losses of *Betula* twigs exceeded 70% during these two winters. The average mortality of twigs during the three peak winters (1979–82) was 0.63 for *Betula glandulosa*, 0.26 for *Salix glauca*, 0.20 for *Shepherdia*, 0.18 for 'others' and 0.14 for *Picea glauca*.

We tested the effects of snow cover in winter by examining the mortality of the four most abundant species of twigs in relation to height of the twig above the ground. Data on mortality with respect to twig height class are also presented in Table 6. We found that

TABLE 6. Winter mortality of twigs of four species on six control plots from 1978 to 1983, in relation to height above the ground. Winters of peak hare numbers are underlined. Class 1 = 0–50 cm; class 2 = 51–150 cm; class 3 = > 150 cm. 'All' is total mortality for all twigs on all nine plots

Species	Height class	Proportion of twigs browsed by hares in winter					
		1977–78	1978–79	1979–80	1980–81	1981–82	1982–83
<i>Betula glandulosa</i>	1	0.08	0.27	0.29	1.00	1.00	0.08
	2	0.12	0.13	0.29	0.50	0.63	0.05
	3	—	—	—	—	—	—
	All	0.07	0.17	0.36	0.71	0.82	0.04
<i>Salix glauca</i>	1	0.08	0.08	0.15	0.54	0.57	0.02
	2	0.04	0.05	0.13	0.20	0.09	0.01
	3	0.00	0.08*	0.00	0.14*	0.08*	0.00*
	All	0.10	0.10	0.24	0.27	0.27	0.02
<i>Picea glauca</i>	1	0.14	0.05	0.11	0.39	0.29	0.09
	2	0.05	0.04	0.36	0.08	0.08	0.02
	3	0.00	0.22*	0.27*	0.14*	0.00*	0.00*
	All	0.06	0.04	0.21	0.08	0.13	0.03
<i>Shepherdia canadensis</i>	1	0.20	0.07	0.08	0.31	0.18	0.00
	2	—	—	0.09	0.14	0.01	0.01
	3	—	—	—	—	—	—
	All	0.17	0.05	0.11	0.26	0.23	0.01
'Others'	All	0.08	0.08	0.29	0.18	0.07	0.00

\* Estimates of mortality based on samples of < 20.

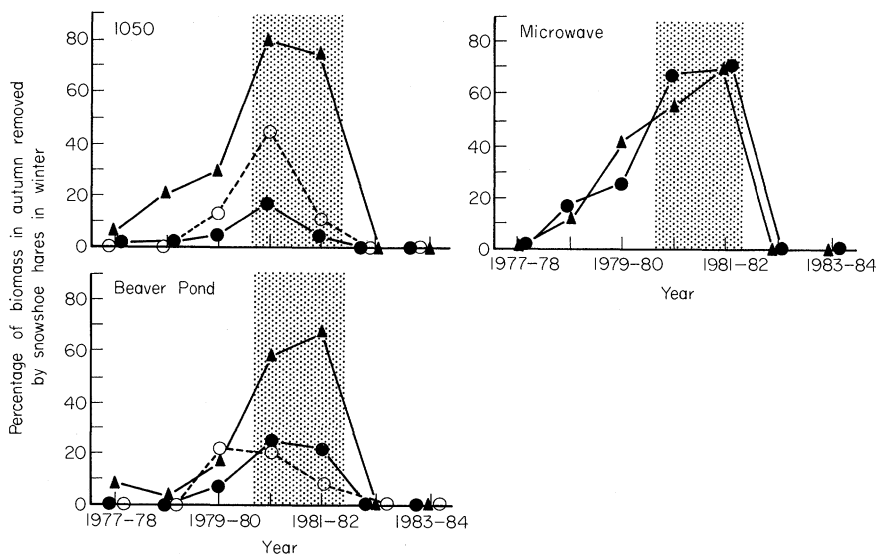


FIG. 3. Loss of biomass of tagged twigs of three plant species, *Betula glandulosa* (▲), *Picea glauca* (○) and *Salix glauca* (●), on three study plots from 1977 to 1984. Biomass lost was estimated from photographs of each twig twice a year.

TABLE 7. Percentage growth of twig biomass in summer for four species of common foods of snowshoe hares. Years of peak hare density are underlined. Sample sizes are all > 100 tagged twigs. Data are pooled from all plots. Standard errors are given in parentheses below the mean

Species	Percentage growth in biomass in summer each year							
	1977	1978	1979	<u>1980</u>	<u>1981</u>	1982	1983	1984
<i>Betula glandulosa</i>	43.1 (2.9)	54.7 (5.6)	25.8 (2.4)	55.9 (4.2)	46.7 (3.7)	175.9 (17.8)	103.6 (5.9)	60.7 (6.6)
<i>Salix glauca</i>	24.3 (1.2)	18.6 (0.9)	15.5 (0.9)	20.9 (1.1)	26.1 (1.2)	27.8 (1.3)	23.2 (0.9)	19.5 (1.1)
<i>Picea glauca</i>	65.7 (6.0)	53.2 (5.5)	30.8 (2.3)	21.4 (1.6)	15.1 (1.3)	21.5 (1.7)	21.4 (1.3)	19.8 (1.4)
<i>Shepherdia canadensis</i>	— —	30.3 (3.2)	38.0 (3.3)	34.7 (3.7)	41.9 (5.3)	32.7 (4.3)	32.9 (3.1)	31.0 (4.0)

browsing was generally concentrated on twigs within 50 cm of the ground. An exception was *Picea* in 1978–81, where a higher proportion of twigs was browsed above 50 cm. This bimodal mortality of *Picea* twigs occurred when deep snow allowed hares to reach the lower side branches of taller *Picea* trees. The selective mortality of low twigs is a little surprising, as many of these twigs must have been unavailable for much of the winter under snow cover.

The average growth of tagged twigs on all plots is shown in Table 7 for the four most abundant species. The pattern of variation in growth differed among species. In *Betula*, growth tripled in 1982, the year after hare numbers had declined on most plots. Growth of *Betula* remained high in 1983. Growth in *Salix glauca* also peaked in 1982, but changes in growth rate were much less marked than in *Betula*. This may have been an artefact of our methods. Regrowth of *Salix* was vigorous, but consisted of unbranched root suckers; we did not tag these, because they lacked branching points. Growth of *Picea* was high while hare numbers were low in 1977 and 1978, then fell gradually and remained low thereafter. Growth of *Shepherdia* varied irregularly from year to year, with minor peaks in 1979 and 1981. Thus, one of the four species of plant most commonly eaten by hares at Kluane, *Betula glandulosa*, showed marked variation in growth in response to browsing by hares.

Data from the exclosures were used to test if the spurt in growth of *Betula* was a consequence of heavy browsing by hares up to 1981. The exclosures varied in their effectiveness at excluding herbivores (mostly hares) because of snow drifts, and damage by moose or tree falls. We therefore defined three classes of exclosures in relation to the maximum amount of browsing that occurred there during 1979–82. These were: low levels of browsing (< 20% of twigs browsed); moderate browsing (21–40% browsed) and heavy browsing (> 40% browsed). The data for the two most heavily-utilized species, *Betula glandulosa* and *Salix glauca* are shown in Fig. 4. In the case of *Betula* (Fig. 4a), there was no spurt in growth in 1982 and little difference in growth of twigs between exclosures that were browsed lightly or moderately. There was, however, a clear stimulating effect on growth after high levels of browsing. This effect was sustained up to 1984, 2 years after hare numbers had declined. In the case of *Salix glauca*, there were few tagged twigs of this species in exclosures that were heavily browsed, but there is a hint of the same effect seen for *Betula*. Growth rates of *Salix* rose sharply from 1980 to 1981, and were higher in exclosures where plants were heavily browsed than in exclosures with moderate or light browsing during the three winters from 1980 to 1983 (Fig. 4b).

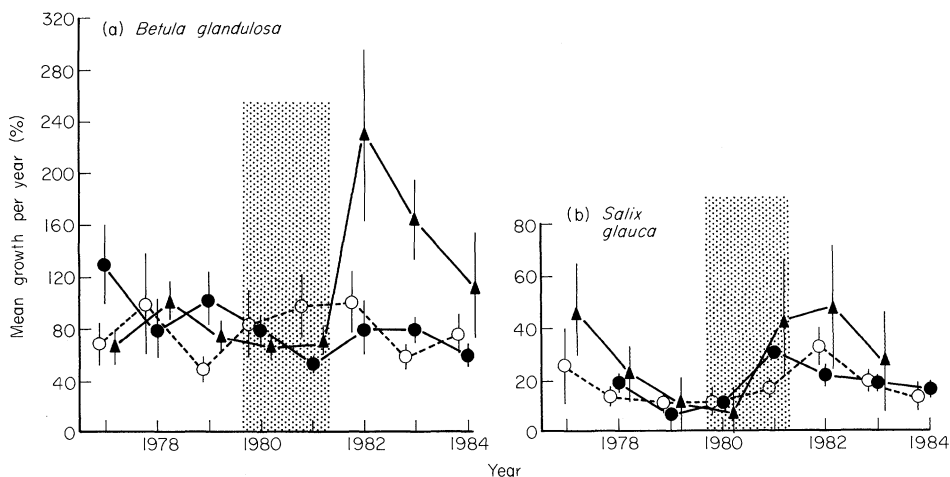


FIG. 4. Growth of tagged twigs in small enclosures in relation to low (●), medium (○) and high (▲) levels of browsing by snowshoe hares. See text for definition of levels of browsing.

In summary, mortality of twigs of all species peaked at the time of maximum hare abundance. Over 70% of twigs of most species survived browsing by hares each winter, but mortality of twigs of *Betula glandulosa* was extremely high, and exceeded 80% in the winter of 1981–82. Twigs closest to the ground were most often eaten by hares. *Betula* plants responded to heavy browsing by hares by growing much faster than plants protected from browsing in the two summers following the decline in hare numbers. There was probably a similar response in *Salix glauca*, mainly in the form of increased production of basal shoots. There was no response in *Shepherdia* or *Picea glauca*.

#### Body mass of hares

If hares experience food shortage at the peak in numbers, we might expect: (i) adult hares to be lighter at the end of the winter of peak numbers and (ii), juvenile hares to grow more slowly in the autumn following peak summer density, and to experience difficulty maintaining body mass during winters of peak numbers.

Data on mass of adult hares in spring were available from six plots. These were the three plots where food was supplemented and their respective controls. Hares did not exhibit a clear-cut cycle in numbers on the two plots on Jacquot island, and data on body mass are thus presented only for the remaining four plots (Fig. 5). Data on the average mass of hares in spring are presented separately for males and females, as adult females are heavier in late winter. Patterns of change in average mass from year to year were quite similar on the two control plots, and on the two plots with added food. We therefore pooled the data for presentation. The average mass of control females in April increased slightly as hare numbers approached a peak, but then declined sharply (Fig. 5a). Female hares were much heavier on average in every spring from 1978 to 1983 on the plots with added food (Fig. 5a). The average mass of males in April showed a similar pattern (Fig. 5b), but it declined slightly less steeply from 1980 to 1982 than did the average of females. Males were only heavier on the plots with added food during the decline in 1981–82 (Fig. 5b). Average mass reached a minimum on the control plots in 1982, after hare numbers had declined to

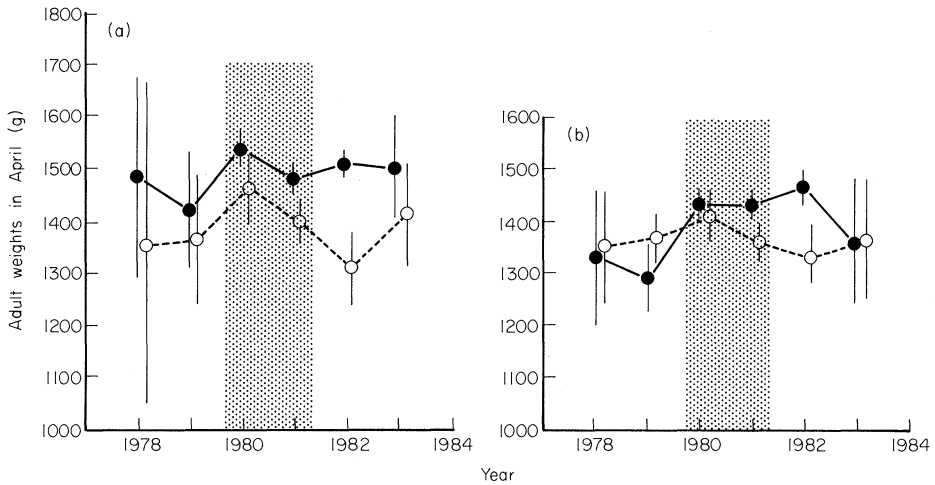


FIG. 5. Average mass of adult female (a) and male (b) hares in April from 1978 to 1983 with (●) and without (○) added food.

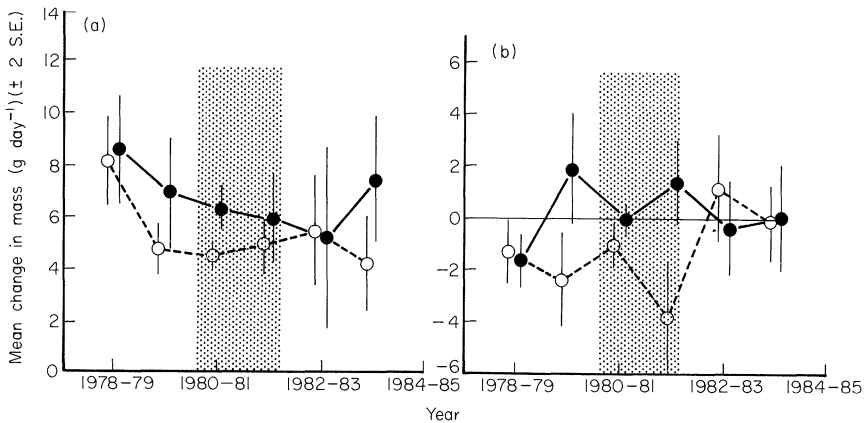


FIG. 6. Rates of change in mass of juvenile hares in autumn (a) and winter (b), with (●) and without (○) added food.

less than half of their peak density. Unfortunately, few data were available in 1978, or 1983, and we cannot estimate body mass with confidence in those years.

Juveniles grew rapidly on the mainland in the autumn of 1978, but growth rates had declined on control plots by 1979, and they remained lower thereafter (Fig. 6a). Growth on mainland plots with added food also declined during this period, but did so more slowly. Juveniles on plots with added food gained significantly more mass than those on control plots in the autumns of 1979 and 1980 ( $P < 0.05$ ,  $t$ -tests). After 1980, there were no marked differences in growth in autumn between plots with and without added food.

Juveniles lost mass on control plots on the mainland each winter from 1978–79 to 1981–82. Rates of loss of mass were particularly high in 1981–82, when the average juvenile was losing nearly 4 g per day. Juvenile hares in winter weigh about 1300 g, and this means a loss of nearly 10% of body mass in a month. In contrast, juvenile hares on mainland plots with added food were able to maintain or even increase in mass during winters of peak density. In 1980–81, rates of loss/gain in mass were more similar on fed and control plots, an unexplained result.

Thus, juvenile hares on control plots became lighter on average, and many were presumably short of food, in the four winters of late increase and peak numbers (1978–82). This pattern was not seen when added food was provided, and added food also improved growth rates in autumn before and early during the peak in hare numbers. The average mass of adult hares on control plots, but not plots with added food, declined in spring when numbers were high. This evidence suggests that some young hares were short of food on control plots at high densities, particularly in the winter of 1981–82, when peak numbers occurred on most plots.

In summary, we found indirect evidence of food shortage (low body mass) in both adult and juvenile snowshoe hares near the peak in numbers. Adult females and juveniles were effected more than adult males. Adult hares became heavier in April at the peak in hare numbers, and lighter thereafter.

## DISCUSSION

### *Diets of hares in winter*

Hares in our study area fed mainly upon twigs of four species: *Betula glandulosa*, *Salix glauca*, *Picea glauca* and *Shepherdia canadensis*. This is quite similar to the diet reported for other hare populations in nearby Alaska (Wolff 1978, 1980; Bryant & Kuropat 1980; J. P. Bryant, personal communication), although there are local differences dependent on the presence or absence of particular plant species. Our rough estimates of preferences of wild hares agree well with the results of 'cafeteria' experiments with wild and captive snowshoe hares (Klein 1977; Bryant & Kuropat 1980; Sinclair & Smith 1984). In wild hares at Kluane, as in these earlier studies, *Betula* and *Salix* are generally preferred over *Picea*. Seasonal changes in availability within the winter have a marked effect on the diets of wild hares. In early winter, low shrubs like *Betula glandulosa* and *Shepherdia* are available to hares. By mid-winter, snow has covered the low shrubs and bent over the *Salix*, thus allowing hares to reach the terminal twigs of the taller branches. This is reflected in the diets of hares. More *Salix*, and more *Picea glauca* is eaten in mid-winter, especially in years of heavy snowfall like 1980. There is a marked avoidance of juvenile growth in *Picea* (Sinclair & Smith 1984), but deep snow allows hares to reach some mature side branches, which are preferred by captive hares in cafeteria trials (Sinclair & Smith 1984). This last result is curious, since digestibility of *Picea* is relatively low (Sinclair *et al.* 1988).

Hares clipped *Betula* and *Salix* twigs of increasing diameter as hare numbers approached a peak. This was probably caused by selective removal of the thinner twigs by hares, and perhaps also because hares felled thicker stems to reach thin terminal twigs. Thin twigs are generally preferred by hares (Pease, Vowles & Keith 1979; Wolff 1980; Bryant 1981; Fox & Bryant 1984), and are more nutritious (Bryant 1981; Sinclair *et al.* 1988). Thinner twigs and buds, however, may contain more phenols or resins (Palo,

Pehrson & Kutsson 1983; Fox & Bryant 1984; Bryant *et al.* 1985; Sinclair & Smith 1984; Sinclair *et al.* 1988), and the thinnest twigs are sometimes avoided by hares (e.g. Palo, Pehrson & Knutsson 1983). Twigs of larger diameter were taken in February compared to November, either because of increased snow cover, or because smaller twigs had previously been removed by hares. Although three species of plants provided the bulk of hares' winter diet, hares also fed upon other foods, and these may have had an important effect on their nutritional balance, particularly if they were rich in protein or energy.

#### *Depletion of winter foods by hares and its consequences*

It is clear from both estimates of standing crop and mortality of twigs, that hares had a major impact on the supply of twigs of their preferred food plants in winter. Our results agree in this respect with earlier studies by Pease, Vowles & Keith (1979) and Keith *et al.* (1984). These studies found that standing crops of twigs in autumn were inadequate to support resident hares for the subsequent winter. We found that twigs of the two plants most frequently eaten at Kluane, *Betula glandulosa* and *Salix glauca*, suffered very high mortality rates at the time of peak hare numbers and during the early part of the decline. Despite this, enough small twigs remained on two control plots to support the hares living there. Less suitable natural food remained on a third plot where supplemental feeding had increased hare numbers, but even here hares may not have faced an absolute food shortage.

Although hares may not have faced an absolute shortage of winter food, as their numbers increased they probably suffered increased search and travel costs in locating the dwindling supplies of preferred foods. They may also have been forced to eat twigs containing high levels of secondary compounds, or twigs of less-favoured species of plants. Dominance interactions among hares (Graf 1985) might have restricted access to patches of preferred foods. These factors may explain why some hares were unable to maintain mass at peak densities. Assays of faecal protein also indicated that some hares were short of food at peak densities (Sinclair *et al.* 1988).

After the decline in hare numbers in the winter of 1981–82, the biomass of food per hare increased rapidly (Fig. 2, Table 5), and hares on most plots probably had adequate supplies of preferred twigs. An exception was the Microwave plot, where hares had damaged the vegetation severely. After 1983, a high proportion of *Salix glauca* twigs on this plot were of juvenile growth form. Juvenile twigs are unpalatable to hares in choice tests (see below), and hares on this site might therefore have been short of palatable natural food. This could have limited their growth and reproduction. On three other plots, however, most remaining twigs were mature ones (Sinclair *et al.* 1988).

#### *Plant growth and browsing by hares*

Browsing often has a stimulating effect upon the production of twigs of woody plants (review in Fox & Bryant 1984), although browsing can also depress plant growth (Crawley 1983). We found a clear stimulating effect of browsing upon future twig growth in *Betula glandulosa*, the hares most preferred winter food. A similar result was observed in *Salix glauca*, but our methods did not quantify this fully. The growth response in *Betula* was only shown at high levels of browsing (maximum loss of over 40% of tagged twigs). A flush of juvenile growth has an important consequence for hares. Juvenile birch and willow twigs are unpalatable to snowshoe hares for at least 2 years after they are produced (Bryant, Chapin & Klein 1983; Bryant *et al.* 1985). This means that hares must: (i) eat these unpalatable shoots and perhaps suffer deleterious consequences (e.g. Palo 1985); (ii)

replace them in their diets with rarer plants that are harder to find; (iii) dilute the unpalatable shoots with other plants (Sinclair *et al.* 1988). However, the timing of the increased production of juvenile *Betula* and *Salix* twigs at Kluane was after the decline in hare numbers. This result suggests that changes in the palatability and growth form of twigs were a consequence, rather than a cause of the decline in hare numbers.

#### *Changes in average mass of hares in autumn and winter*

We found that juvenile hares gained less mass in autumns of peak density, and tended to lose mass in winter. Adults also lost mass in the spring during the early decline. All of these effects were ameliorated by the addition of supplemental food. These results accord well with those of earlier descriptive (Pease, Vowles & Keith 1979; Keith *et al.* 1984) and experimental studies (Vaughan & Keith 1981). Given this evidence of food shortage in winter, one might expect hares to have frequently starved in winters of peak numbers. This was studied by Keith *et al.* (1984) in Alberta, and at Kluane by Boutin *et al.* (1986), and Trostel (1986). In both areas, there was a slight increase in mortality from starvation at peak numbers, but predation was the principal cause of death. This result suggests that food shortage at times of peak numbers predisposed hares to be captured by predators.

A striking feature of hare cycles is that body mass of hares varies in parallel with hare numbers, with hares tending to be heaviest at peak densities (Keith & Windberg 1978). We also found this pattern (Fig. 5), particularly in female mass in April. Male hares in our study followed a similar pattern of change in mass to females, but showed smaller changes with density. A difficulty with these data is that few hares are caught at low densities. Also, the trapped sample may be biased. For example, lighter animals may be less likely to be trapped at high densities.

#### *The role of food shortage in the 10-year cycle*

There are two main views of the role of food shortage in hare cycles. According to Keith 1974, 1981; Keith & Windberg 1978; Vaughan & Keith 1981, food shortage acts through starvation by lowering peak hare numbers to the point where hare numbers can be limited by predation. This interaction between food shortage and predation generates a time-delay that drives the cycle. Keith *et al.* (1984) later modified this position to suggest that food shortage exerts its effects upon hare numbers mainly through predisposing hares to die from predation. Our results do not support Keith's earlier view, as hares on our study plots did not seem to face an absolute food shortage. We also found, by conducting food addition experiments, that hare numbers declined in the presence of superabundant natural (Krebs *et al.* 1986c) and artificial food (Krebs *et al.* 1986a).

Our results are, however, compatible with the idea that food shortage predisposed hares to die from predation (Keith *et al.* 1984). Several pieces of evidence (see above) indicate that hares in our study faced a relative shortage of food. Animals that are short of food may have to move further and expend more energy to find suitable foods, and perhaps to feed away from cover. Most deaths of hares in our study were due to predation (Boutin *et al.* 1986). Keith *et al.* (1984) found that hares that had been killed by predators were in a poor nutritional condition compared to hares in a shot sample. Passerine birds that are short of food in winter are also more likely to die from predation (Jansson, Ekman & von Brömssen 1981).

The second major view of the role of winter food in hare cycles is Bryant's hypothesis of changes in plant quality and structure in response to browsing by hares (Bryant 1981; Bryant, Chapin & Klein 1983; Bryant *et al.* 1985; Fox & Bryant 1984). According to this



view, juvenile twigs are unpalatable to hares because they contain aversive or digestibility-reducing chemicals. Hares decline in numbers because they cannot maintain themselves on juvenile twigs. An increase in the ratio of juvenile to adult twigs after the peak in hare numbers provides the 2–3 year time delay needed to generate cycles by reducing survival of hares, and perhaps decreasing their fecundity and reproductive success. In agreement with Bryant's views, hares generally avoid juvenile twigs in both captive trials and in the wild (Palo, Pehrson & Knutsson 1983; Fox & Bryant 1984; Bryant, Chapin & Klein 1983; Bryant *et al.* 1985, Sinclair & Smith 1984), but see Moss & Hewson (1985). Our study, however, has failed to support some key predictions of Bryant's hypothesis. In particular, browsing by hares did not consistently increase the levels of aversive chemicals in food plants during the decline in hare numbers, and ratios of juvenile to adult twigs on control plots did not change in the direction predicted by Bryant (Sinclair *et al.* 1988). Bryant's hypothesis does not, therefore, explain why hare numbers decline. It may, however, help to explain why hare numbers do not increase as soon as absolute food shortages are over.

A critical demographic variable in the 10-year cycle is the poor survival of juvenile hares at peak densities (Keith & Windberg 1978; Krebs *et al.* 1986a). This poor survival of juveniles begins during summer (Krebs *et al.* 1986a). There is a suggestion from faecal protein levels that adult hares may be less well nourished during years of high density (Sinclair *et al.* 1988). This might influence maternal behaviour or lactation. Future studies of the role of food in the 10-year cycle should therefore also consider food in summer. We may then be able to decide whether foraging decisions of hares play a key role in the demographic mechanisms that drive the 10-year cycle.

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